# **Additional Services & Resources**

### **E Z Living**

### 626-359-1055

Assessment/instruction in independent daily living skills. 710 S. Myrtle Ave., pmb #321, Monrovia, CA 91016 License: OT911 Kathryn Gundersen

katie@johnnkatiedance.com

### **Foothill Dental Center**

626-305-5722

Providing comprehensive dental care, taking care of senior's smiles in the San Gabriel Valley since 1997. 837 W. Foothill Blvd., Monrovia, CA 91016 License: Emily Letran DDS APC **Emily Letran, DDS** coachemilyletran@gmail.com

cosmeticdentistmonrovia.com

# **Relocation Services**

**Caring Transitions of the Angeles Foothills** 626-509-2129 The nation's largest professional senior relocation, downsizing and estate liquidation company. 604 W. Hillcrest Blvd., Monrovia, CA 91016 License: Monrovia Business License BUS2014-00003 Certified Relocation Transition Specialist Wynesta Dale wdale@caringtransitions.net Steven Dale sdale@caringtransitions.net

caringtransitionsangelesfoothills.com

626-233-1708

### **Dilbeck/Seniors Real Estate Specialist**

I help people find their new home and help them say good-bye to their past. 8 E. Foothill Blvd., Arcadia, CA 91006 License: DRE# 01051746 Mary Margaret Rolf marymargaret.rolf@dilbeck.com

### **Gently Guided, LLC**

### 626-318-6414

Gently Guided provides personalized service to help families with senior living options. 556 S. Fair Oaks Ave. #513, Pasadena, CA 91105 Frank Cunningham fjcunningham19@gmail.com Lisa Bricker

lbrickeroffice@gmail.com gentlyguided.com

### Keller Williams Realty/Seniors Real Estate Specialist®

A Seniors Real Estate Specialist<sup>®</sup> serving Los Angeles and Orange Counties, specializing in the transitioning needs of older homeowners. 251 S. Lake Ave., Suite 150, Pasadena, CA 91101 License: CalDRE # 01917022 Jim Maceo, Realtor<sup>®</sup>, SRES, CAPS, CPRES

> jimmaceo@gmail.com jimmaceorealestate.com

kristis.ferris@brookdale.com

rbalbin1@brookdale.com

brookdale.com

818-424-4577



# **Senior Housing Options**

626-301-0204

626-357-6818

### **Brookdale Monrovia**

For seniors 65 and older-offering built-in kitchenettes, an outdoor courtyard, salon, restaurant-style dining and secured covered parking. 201 E. Foothill Blvd., Monrovia, CA 91106

License: RCFE 197606301 **Kristis Ferris** 

**Ralph Balbin** 

### **Glen Park at Monrovia**

A residential care facility for elderly specializing in Alzheimer's and Dementia Care, assisting residents with activities of daily living. 110 N. Mountain Ave., Monrovia, CA 91016 License: 197802560

Nirjara Acharya, Certified Administrator

nirjaraacharya@glenparkhealthyliving.com glenparkhealthyliving.com

### Monrovia Gardens Healthcare Center 626-358-4547

Monrovia Gardens Healthcare Center is a skilled nursing facility that provides excellent rehabilitation and top-quality 24/7 skilled nursing care. 615 W. Duarte Rd., Monrovia, CA 91016 License: Business License: BUS2003-00566

monroviahcc.com

The Monrovia Providers group meets the 1st Thursday of each month 8:30am at the Monrovia Community Center.

> **Monrovia Providers Group** P.O. Box 2068, Monrovia, CA 91017 info@monroviaproviders.org monroviaproviders.org 501(c)(3) Non-Profit Organization Tax ID #72-1524500

**Alzheimer's Los Angeles** 844-HELP-ALZ (844-435-7259) Free support and services to people with Alzheimer's and other dementias, and their families. 4221 Wilshire Blvd., Suite 400, Los Angeles, CA 90010 Alicia Villegas, LCSW avillegas@alzla.org **Kelly Takasu** ktakasu@alzla.org alzheimersla.org

**City of Monrovia** Serving the people of Monrovia. Jamie Bumia **Tiffany Peterson** 

**Convalescent Aid Society Mark Waterson** 

### **Foothill Unity Center, Inc.**

Gaby Rodriguez **Tashera Taylor** 

# Spring 2019

Foothills Senior Resources and Support MPG is a collaborative of community agencies and private companies providing resources and support to Foothills seniors and their families

# **Community Services**

### 626-256-8246

119 W. Palm Ave., Monrovia, CA 91016

jbumia@ci.monrovia.ca.us tpeterson@ci.monrovia.ca.us cityofmonrovia.org

### 626-793-1696

Free loan of durable medical equipment for residents of the San Gabriel Valley. 3255 E. Foothill Blvd., Pasadena, CA 91107

> mark@cas1.org convalescentaidsociety.com

### 626-358-3486

A multi-service provider and access center to community resources for the homeless and other low-income families and individuals.

790 W. Chestnut Ave., Monrovia, CA 91016

gaby@foothillunitycenter.org tashera@foothillunitycenter.org

### Are you struggling with aging issues?

MPG is a membership group of organizations & agencies providing reliable information and resources to Seniors and their families

Providing education to foothill residents about aging issues and the opportunities available to them

Hosts informational and supportive activities for area residents

# **Senior In-Home Care**

### **Continuity Care Home Nurses, Inc.**

### 818-753-5106

Licensed, insured and bonded home health agency providing private duty RNs, LVNs, CNAs, Caregivers. RN Owned and Operated Since 1991.

12722 Riverside Dr., #108B, North Hollywood, CA 91607

License: 980000636. HCO-194700212

Maryanne Sawoski, RN

**Belinda Reitzin** 

## maryanne.sawoski15@gmail.com

belindar@cchomenurses.com cchomenurses.com

### GrandCare Health Services

### 626-421-8520

We provide private pay, in-home caregivers and CNAs who provide assistance with Activities of Daily Living and more. 2555 E. Colorado Blvd., 4th Floor, Pasadena, CA 91107 License: 194700105 Donna Eaves donnae@grandcarehealth.com grandcarehealth.com

### **Home Care Providers**

### 626-345-6320

Our services are designed to meet the needs of clients requiring companionship, care and assistance in the home. 259 S. Randolph Ave., #180K, Brea, CA 92821 License: 980000776 **Stephen Huber** shuber@homecareproviders.com

homecareproviders.com

### New Wave Home Care

### 888-385-9898

We believe in making every day count for our clients. Along with the safety and security, our caregivers provide the personal attention and companionship. 1350 N. Altadena Dr., Unit B, Pasadena, CA 91107 License : 194700010

**Angie Pizano** 

Sam Gopinathan

angie@nwhc.care sam@nwhc.care nwhc.care

**Right at Home** 

### 626-584-8130

Maintaining the health, safety and independence of our seniors in their own home. 1250 E. Walnut St., Suite 220, Pasadena, CA 91106 License: 194700002 **Ginny Delgatto** 

ginnyd@homecaregiving.org homecaregiving.org

### **Senior Helpers San Gabriel Valley**

## Senior Helpers is one of the most trusted providers of non-medical in-home senior care. Certified Senior Gems® That's Senior Care, Only Better! 140 E. Foothill Blvd., Arcadia, CA 91010 License: CA HCO #194700494 Nathan Kirschenbaum

**Brenda Duarte** 

nathank@seniorhelpers.com

626-446-8000

brenda@seniorhelpers.com seniorhelpers.com

# Financial, Insurance & Legal

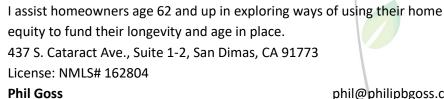
### **Churchill Mortgage Corp.**

**Eddy and Schein Group** 

Chris Glaeser, PDMM

**Gideon Schein** 

P.O. Box 672, La Canada, CA 91012



phil@philipbgoss.com goingforwardinreverse.com

626-497-2081

909-524-8713

gideon@eddyandschein.com eddyandschein.com

marci@elderresolutionpartners.com

elderresolutionpartners.com

626-388-7083

626-358-1218

Your Partners for productive Elder-Care conversations, Conflict Resolution, and Rest-of-Life Planning<sup>™</sup> P.O. Box 1586, Arcadia, CA 91077

Marci Barrett

**Elder Resolution Partners, LLC** 

### Holman & Holman, LLP

With over 35 years experience, we provide estate planning, trust & probate administration and litigation, real estate, and business law services. 316 W. Foothill Blvd., Monrovia, CA 91016 License: 315487 scott.holman@holmanllp.com Scott Holman, Esq.

holmanllp.com

### Maxwell Noll Investment Advisors 626-657-2285

Fee-only investment advisor and financial planning services. 600 S. Lake Ave., Suite 502, Pasadena, CA 91106 License: 1136543 Chris Saccente, RIA

chrissaccente@maxnoll.com maxnoll.com

### **Primuth, Driskell & Terzian**

primuthlaw.com 626-437-0871

Full-service trust and estate law firm focusing in Probate/Trust Administration, Estate Planning, Litigation, and Conservatorships. 790 E. Colorado Blvd., Suite 300, Pasadena, CA 91101 License: Cal Bar 298306 (Nick), Cal Bar 294616 (Josh) Nicholas Everett, Esg./LL.M. nick@pdtlaw.com Joshua Driskell, Esg./M.B.A. josh@pdtlaw.com **Senior Financial Group LLC** 950 Palm Terrace, Pasadena, CA 91104 License: CA Lic# OF32786 **Steve E. Huntley** steve@seniorfinancialgroupllc.com



chris@eddyandschein.com

### 626-683-7234

# **Aging Life Care Managers**

## Cummings Care Management, Inc., dba: Caring with Passion 626-201-1717 Certified Aging Life Care™ professional and Licensed Therapist providing

- counsel and oversight of the elderly and disabled.
- 2303 Florencita Ave., Montrose, CA 91020
- License: LCS 17288 (sometimes listed as LCSW 17288)
- Lorraine Cummings, LCSW, C-ASWCM

lorraine@caringwithpassion.com caringwithpassion.com

The Monrovia providers group is the founding organization of Dementia Friendly Monrovia.

In a Dementia Friendly City, community members with dementia are supported, comfortable and welcomed.

For more information visit:

## Facebook.com/DementiaFM

