Calming the Chaos of Mental Health Care Together

September 2024 Business Review

care/solace

Care Solace is a hub for all residents providing access to mental health and social services.

We **connect residents** to the support they need, and we **navigate the associated chaos of eligibility and availability**.

We make access to mental health care and social services **easy, inclusive, and dignified.**

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An ‘Open Table’ Solution for Mental Health

HEALTHCARE: Care Solace Expanding into Schools, Municipalities

BY JEFF CLEMETSON

MAY 5, 2023

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In 2012, Chad Castruita experienced a mental health crisis in that led to substance abuse, thoughts of suicide and, ultimately, homelessness. Although both his parents were educated, well-insured and well-connected in San Diego, it still took them nearly six months to find the treatment he needed to get well.

Chad Castruita
Founder & CEO
Care Solace

“When I was stabilized and started to put the pieces of my life back together, it resonated in me how hard it was for my own family to find support and they have the best insurance and a lot of access,” he said. “I often wondered about those families that don’t have access and are uninsured or under the Medi-Cal system in California. How do they navigate these systems?”

With the pieces of his own life put back together, Castruita set out to improve the process of finding care for mental health and substance abuse issues.

With Care Solace access to care is quick and easy

Call a Care Companion

Scan a QR code

Access the Care Match website

Key Indicators

615
Service referrals & requests

2,378
Services provided

% of requests by zip code

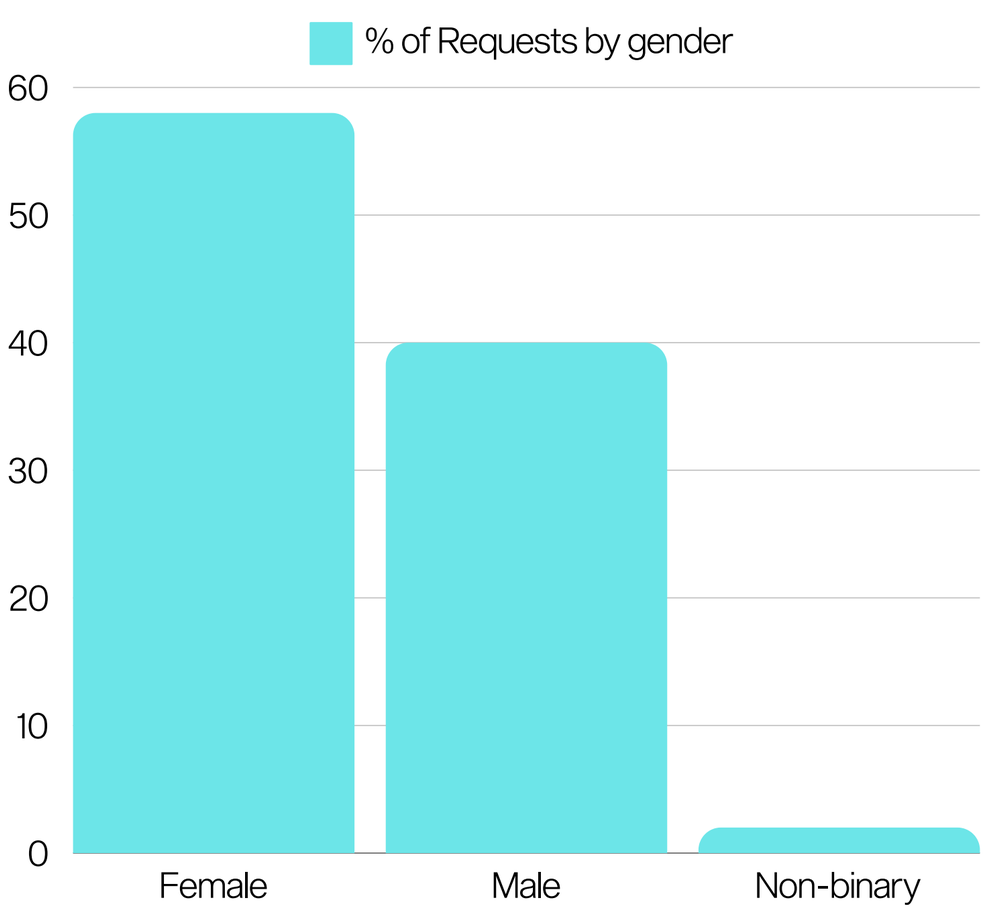
91016 62%	92084 1%
91010 24%	91792 1%
91008 6%	91745 1%
91017 2%	

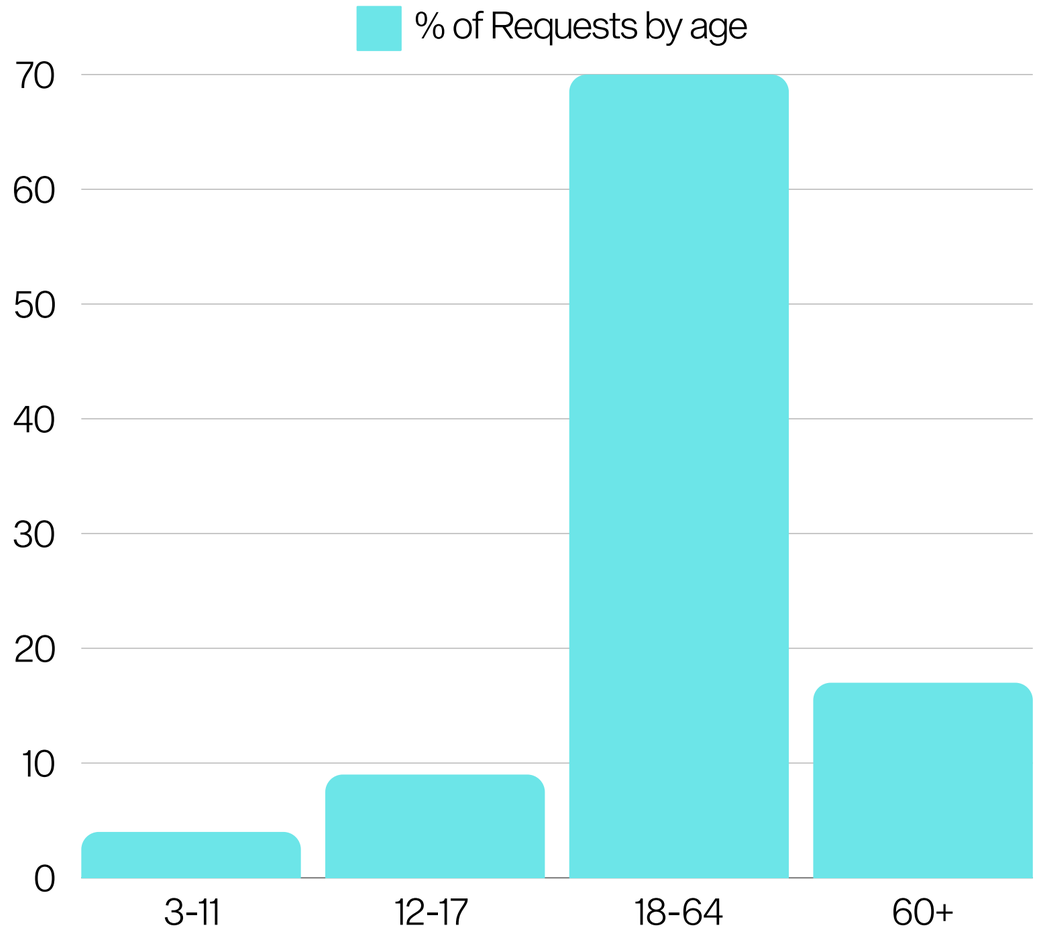
0.5 day
Time to match

9 days
Time to appointment

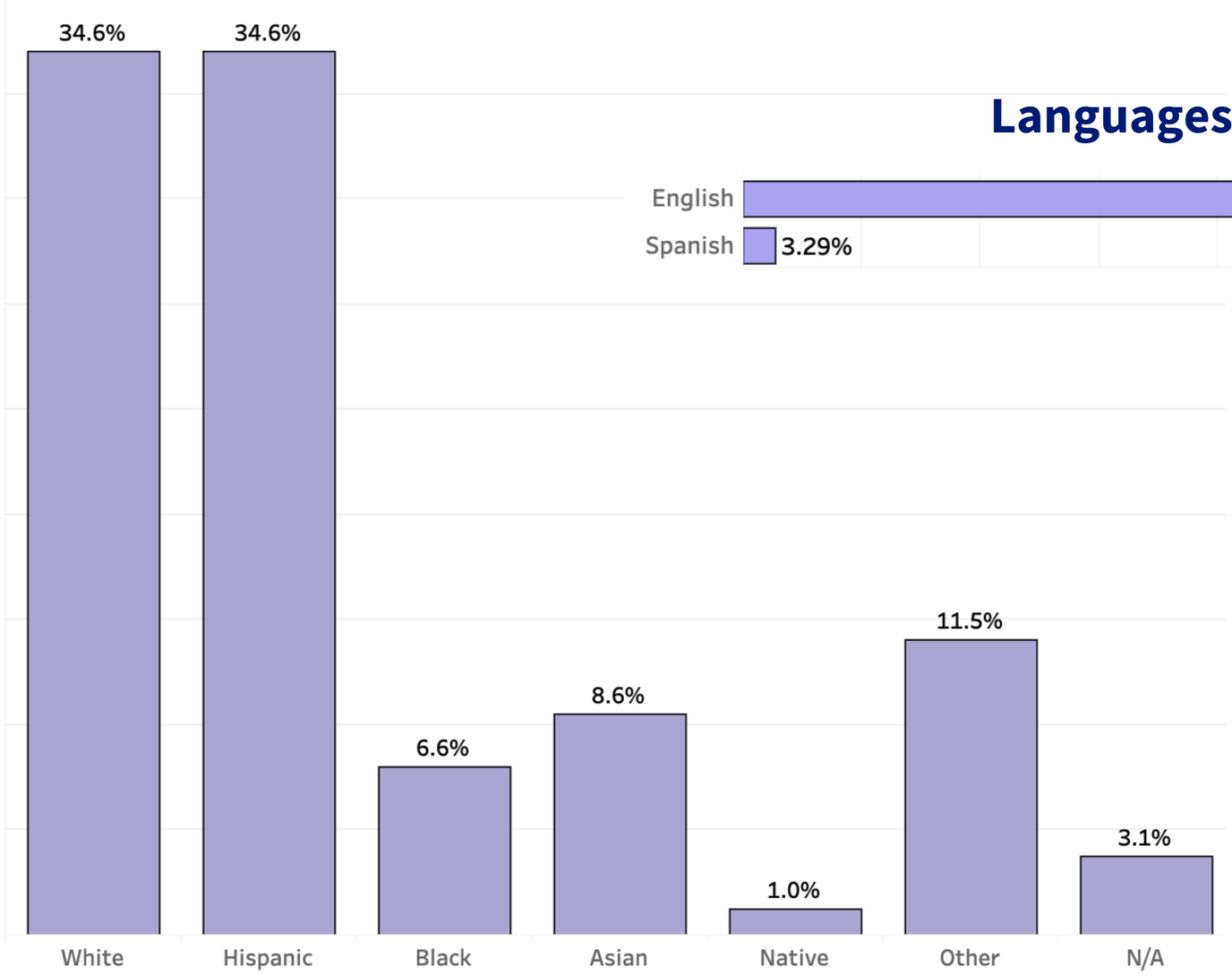
96%
Matches to care

Demographics Services: Gender & Age

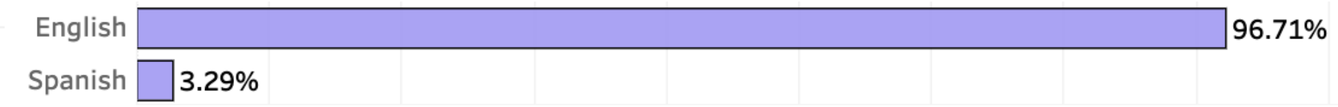




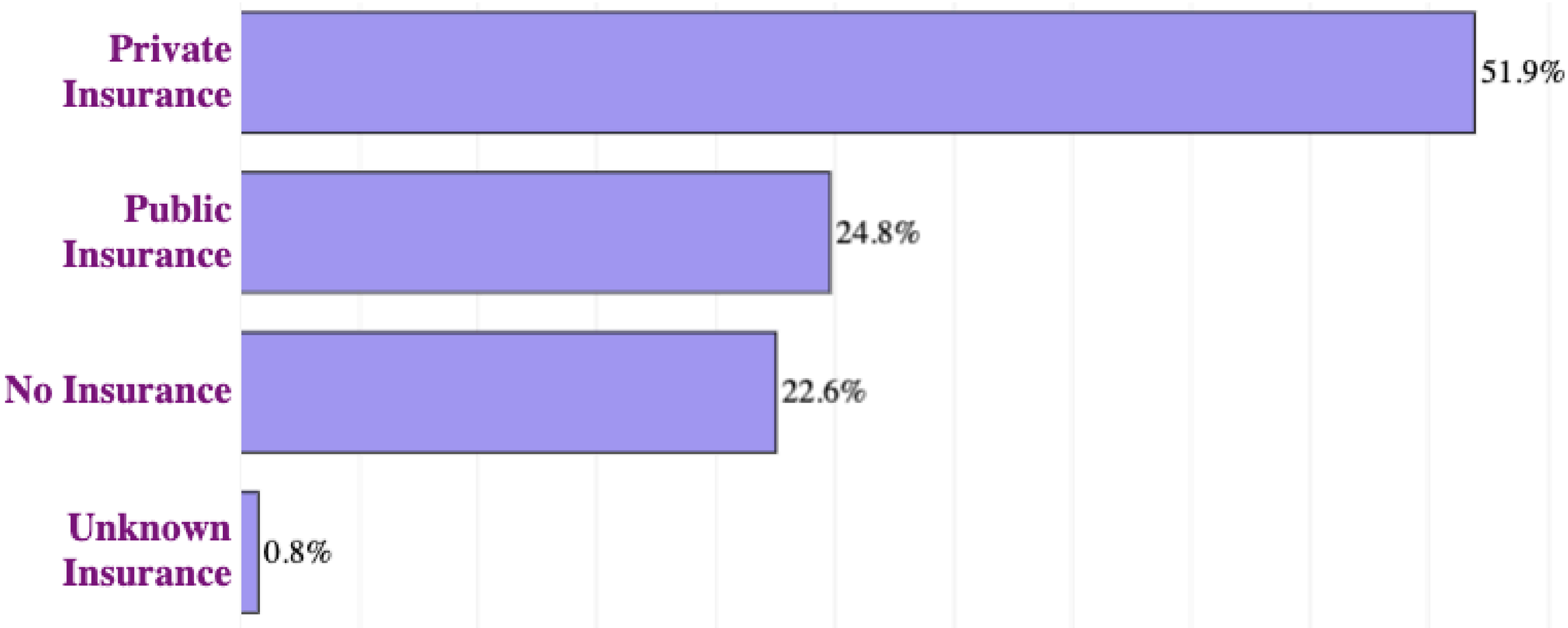
Demographics Served: Ethnicity & Language



Languages of service

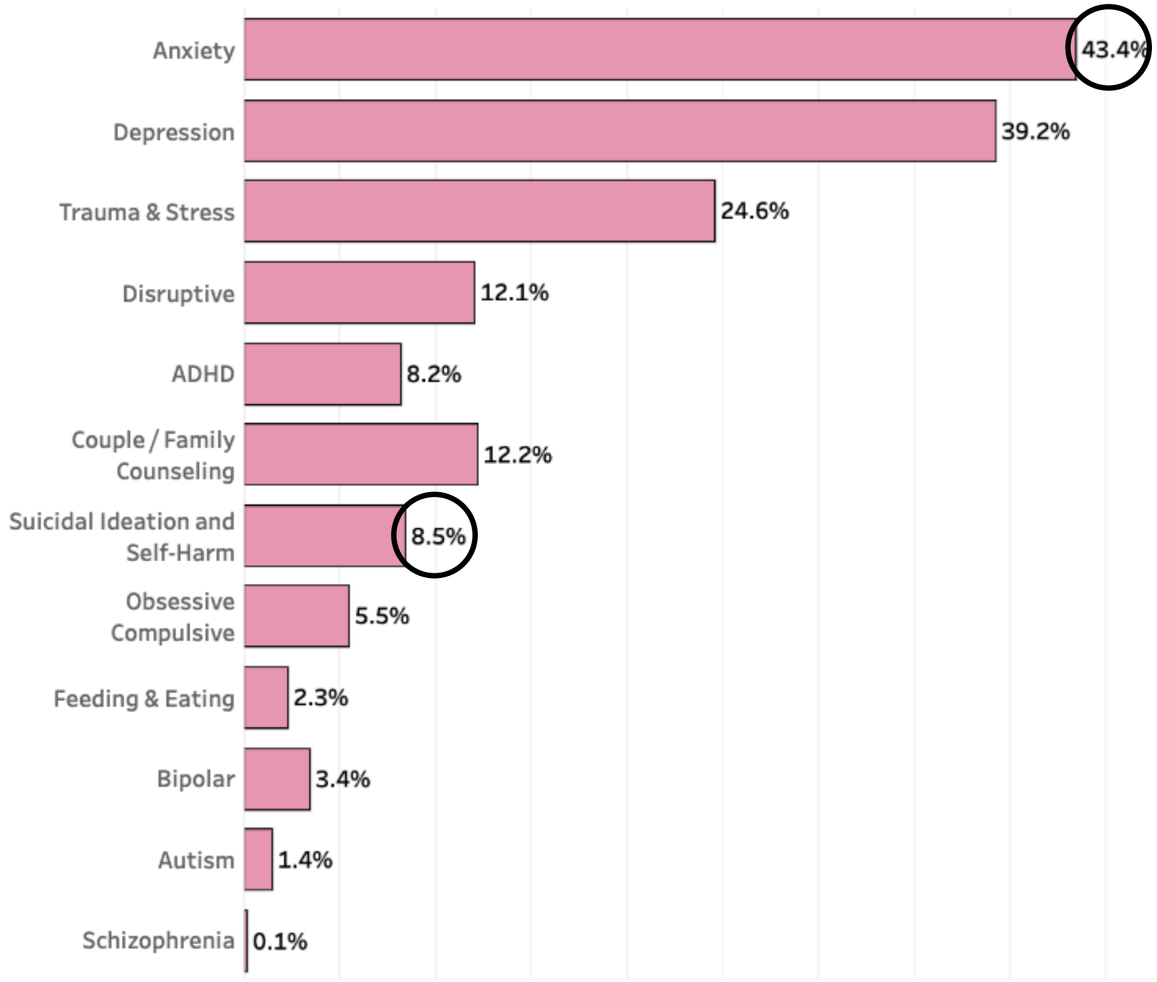


Insurance Types & Insurance Types

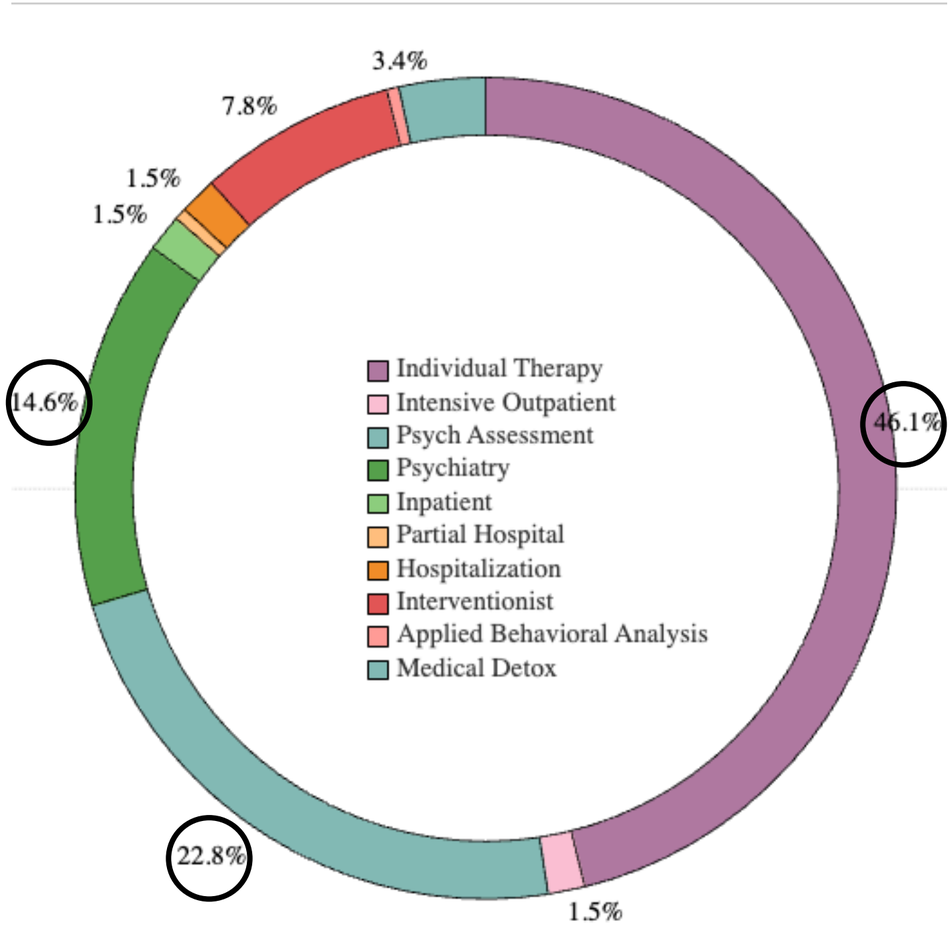


Mental Health Category Observations

Mental Health Category

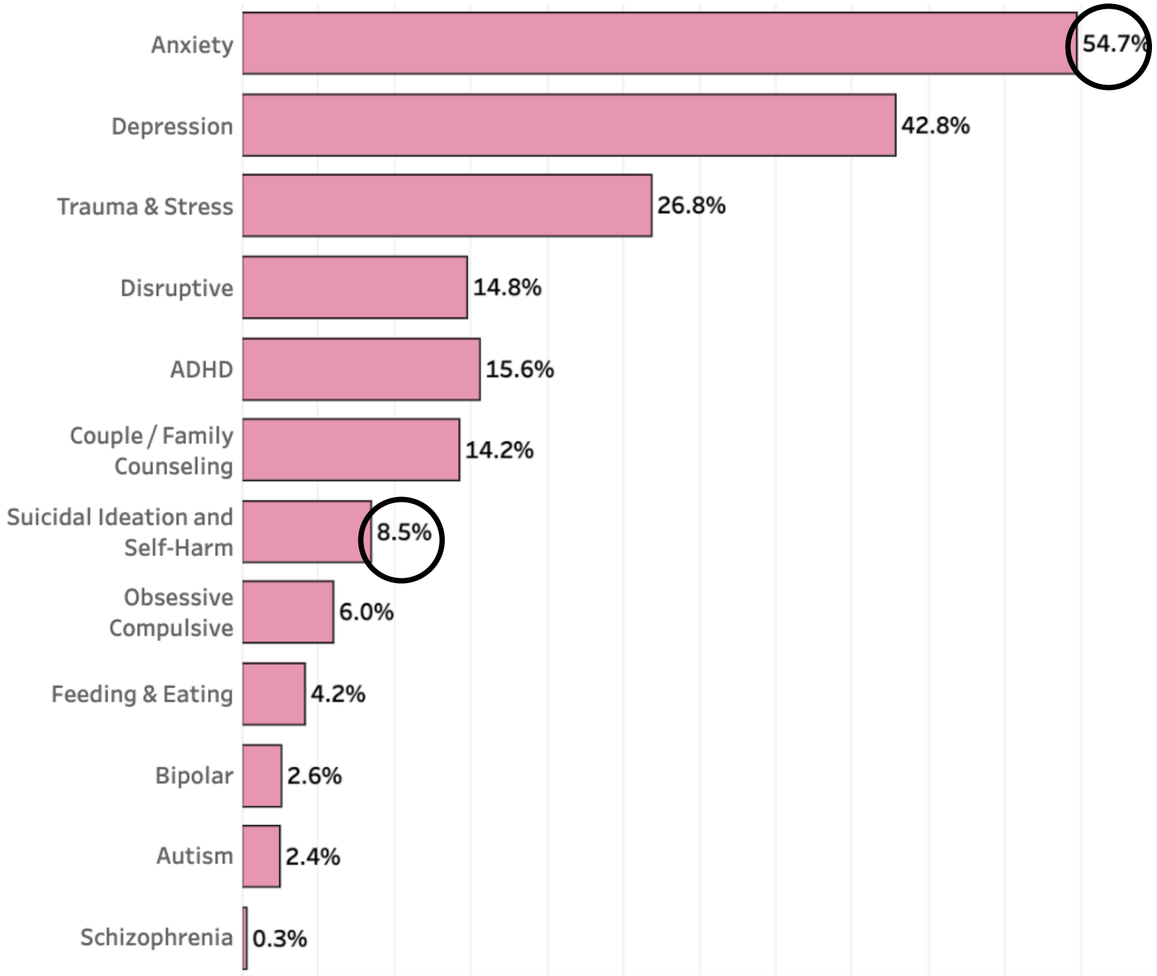


Treatment Type

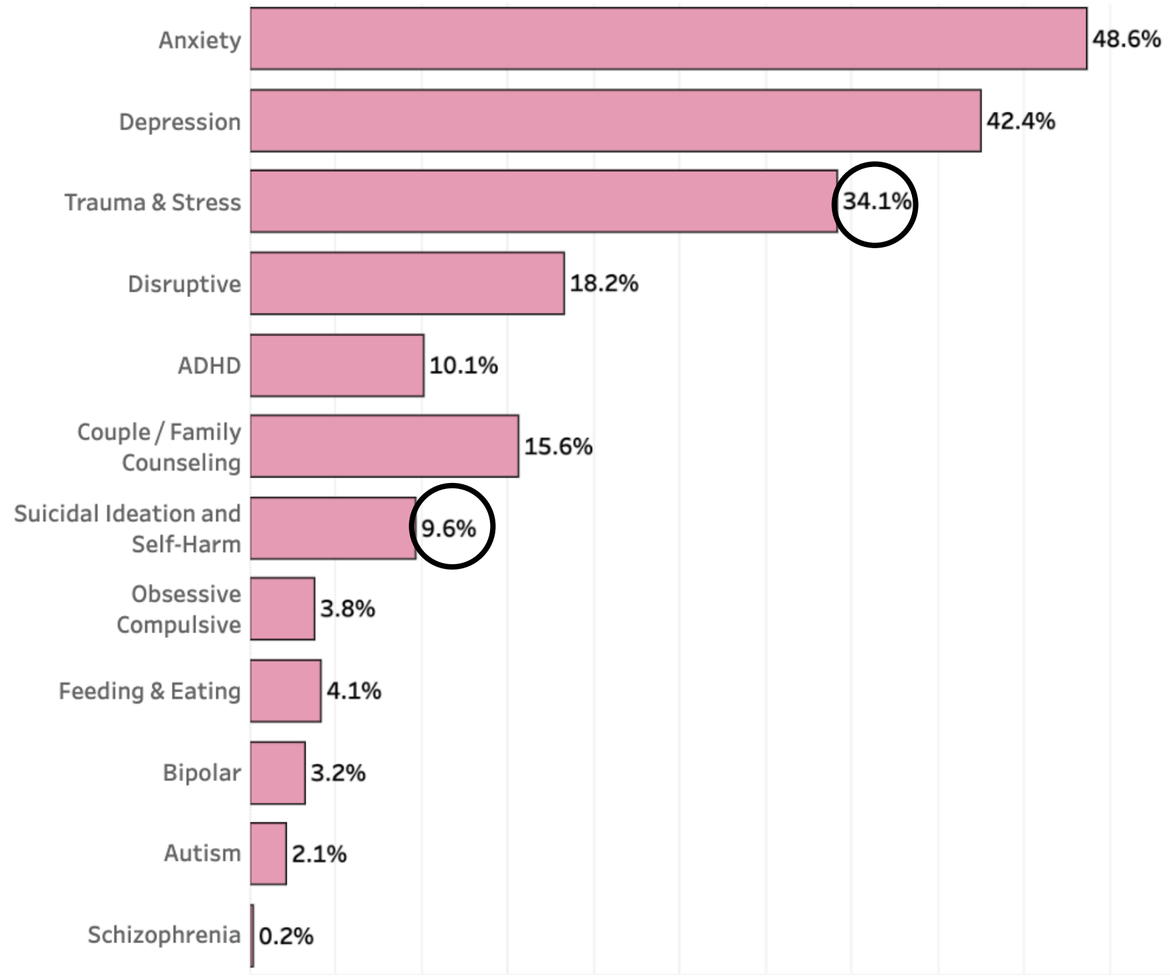


Mental Health Category by Ethnicity

White

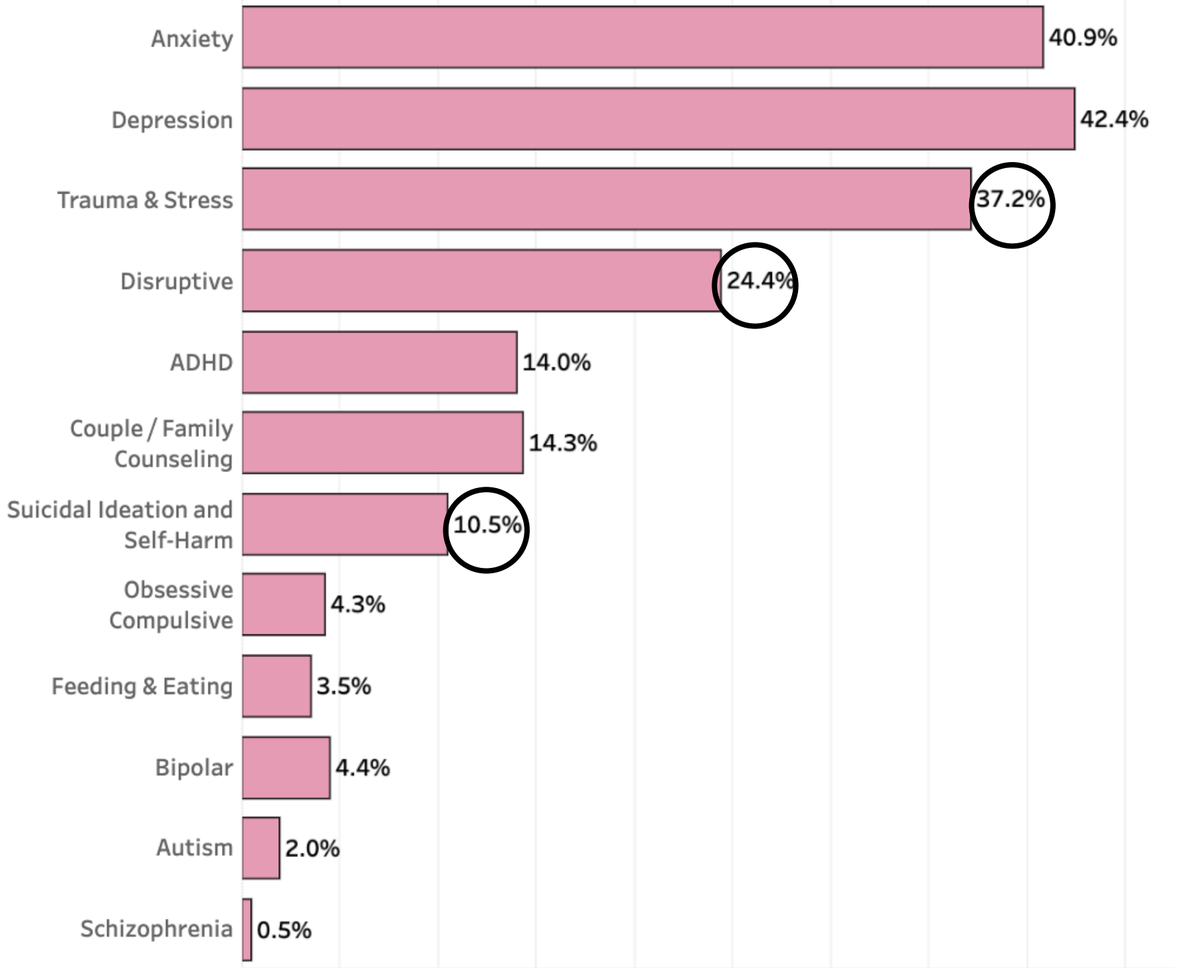


Hispanic

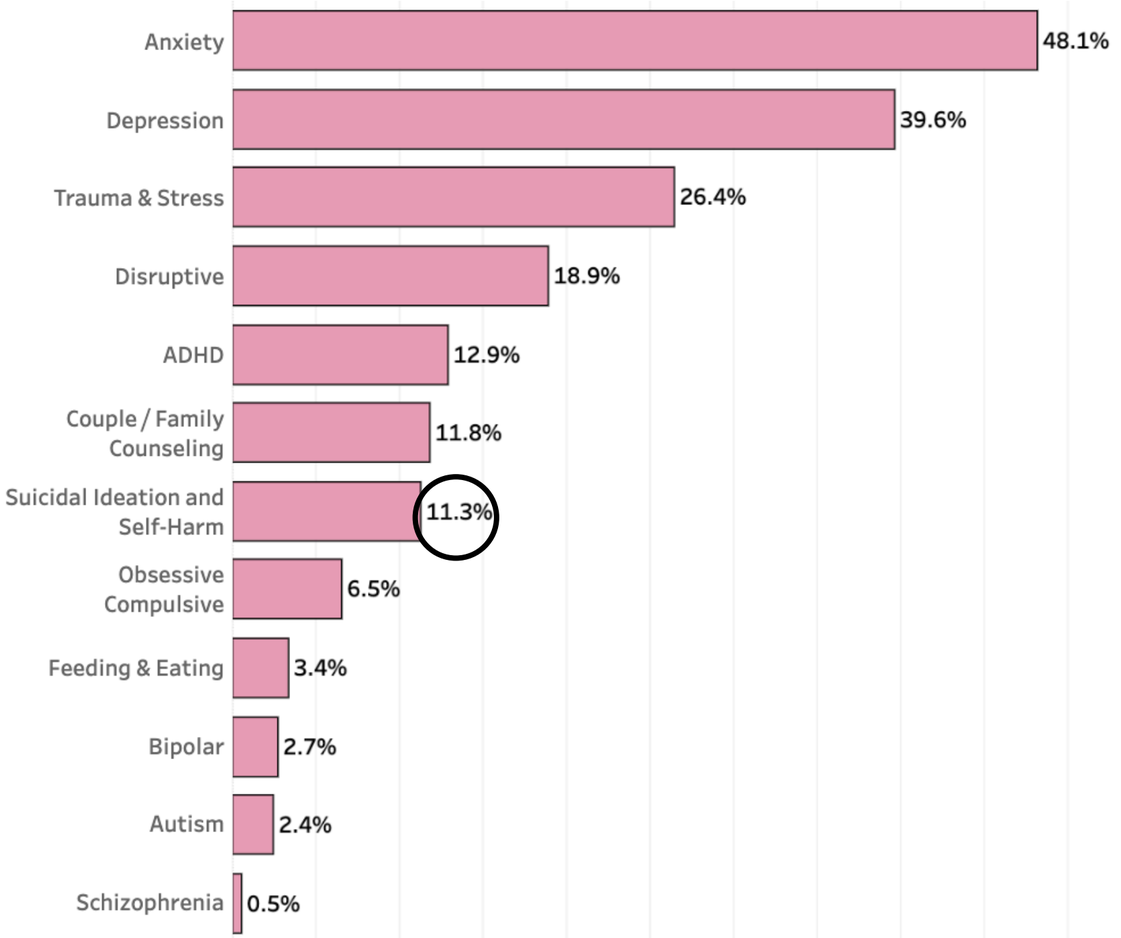


Mental Health Category by Ethnicity

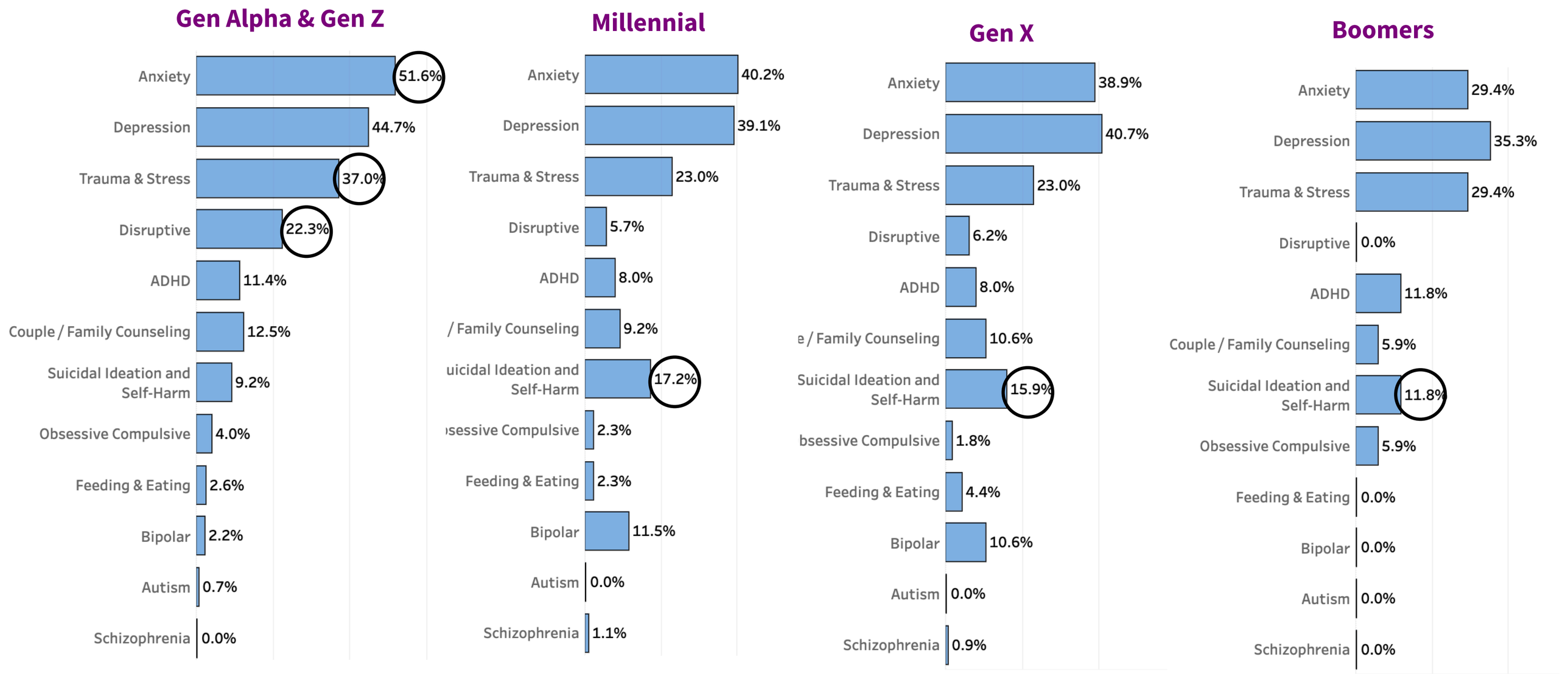
African American



Asian



Mental Health Category by Age



Thank you!

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