ANNUAL REPORT TO THE CITY OF MONROVIA

ON OPTIONS HEAD START/SURROUND CARE/CHILD CARE FCCH/STATE PRESCHOOL FOR YEAR 2013 – 2014

	CDC	<u>HS</u>	<u>sc</u>	CC FCCH	<u>SP</u>
A. <u>Population Served</u>					
1. Overail Counts					•
a. Number of children who were	42	44	33	61	13
enrolled during the school year.	40				
 b. Number of children who dropped out during the school year. 	18	5	0	13	4
c. Number of children below federal	8	44	5	61	8
poverty level:				,	
d. Number of children who were	0	3	0	0	0
handicapped:					
e. Number of Families	42	44	24	31	13
2. Ethnic Breakdown of Children					
Hispanic	28	41	27	20	6
Caucasian, non-Hispanic	2	0	4	15	4
Black	7	1	1	24	2
Asian/Pacific Islander	5	22	1	2	1
Other (American Indian)	0	0	0	0	0
Totai	42	44	33	61	13
3. <u>Primary Languages</u>					
English	37	15	28	61 `	12
Spanish	4	29	5	0	0
Cantonese, Mandarin, other Chinese	1	0	0	0	0
Vietnamese	0	0	0	0	0
Other	0	0	0	0	1
Total	42	44	33	61	13
4. Residence (at enrollment)					
Monrovia	21	42	26	46	9
Arcadia	5	0	1	5	3
Duarte	6	2	1	0	1
Other	9	0	5	10	0
5. Ages of Children Served	3-5	3-5	5-12	0-12	3-5

CDC

HS

SC

CC FCCH

SP

G. Classroom Learning

1. Brief description of learning objects/activities this year:

(See Addendum A)

2. List sample field trips this year:	NONE	Monrovia Rec Park	(See Addendum 8	NONE	NONE
		Monrovia Library			
		Brad Oaks El School			
		Fire Dept.			
		Police			
		Monrovia Pumpkin Pa	itch		

3. List special events and community resource people/presentations (See Addendum B)

H. Value of all Options services to Monrovia this year (July 1 to June 30):

1.	Child Development Center – Center Based classrooms		\$ 300,000
2.	State Preschool – Recreation Park		\$_50,000
3.	Head Start Center Based and Home Based		\$ _300,000
4.	Surround Care (to include): - Plymouth - Mayflower		\$ <u>116,000</u>
5.	Family Child Care Food Program		\$ 21,000
6.	Chiid Care FCCH		\$ <u>225,000</u>
		Total	\$ <u>1,012,000</u>

ADDENDUM A

G. Classroom Learning

1. Brief description of learning objects/activities this year:

CHILD CARE FCCH Network

Child Development and quality improvement information is disseminated via handouts, one-on-one and/or group discussions with the child care provider during home visits and/or trainings.

Family Child Care Environment Rating Scale Visits conducted:

- Technical assistance provided prior to FCCERS visit
- Follow-up with a Quality Improvement Plan or Goals & Objectives Plan
- · Health & Safety visits
- Technical assistance for FCCHEN Curriculum

Materials and supplies furnished to family child care providers:

- Curriculum Books (English & Spanish)
- Curriculum calendars
- Celebrations Around the World Activity Box
- How Are You Feeling Display Center
- Hands on Science Supply Center
- Math Activity Boxes (How Much Does it Weigh?, How Much Does it Hoid?, How Long is it?)
- Dramatic Play Dress Up Costumes

HEAD START

Head Start staff serving both our Home Based and Center Based programs (serving ages 3-5) have formed partnerships with our families and the community to promote exercising to decrease obesity, as well as, reading to children. The promotion of physical activity in both our home based and center based programs has encouraged families to go out and exercise. Our families are taking more walks, going to the parks more often, and many of our families have enrolled their children in sports leagues.

One of our school readiness goals is to encourage reading to children every day. Parents have been provided with tips on the importance of reading to children. They have also received hands-on activities on how to read to the children. We are also promoting to the parents the use of the library. Field trips to the library have been planned. Obtaining library cards for all our families is our goal. The Librarian from the Monrovia library has been very helpful in promoting our goal to encourage reading to children. She has been coming to read to the children in our center based program.

The community of Monrovia has been helpful in assisting us in providing additional learning opportunities for our children and their families. The police and fire departments have provided our children with good learning opportunities. We have also received various donations that have allowed us to provide additional healthy cooking activities for children and families. Our families have, through a generous donation, received educational games to play at home.

ADDENDUM A Continued

CHILD DEVELOPMENT CENTERS

In our Monrovia classroom, we provide a quality full-day preschool program for 24 children Monday - Friday, twelve months of the year. Our classroom curriculums, High Scope and Options Pak Literacy Curriculum, are implemented throughout the daily routine preparing children and their families to enter kindergarten in the fall. Our daily lesson plans are created and customized around each child's individual needs as we support each child in all areas of development.

SURROUND CARE

Surround Care's summer focused on College readiness and careers. The summer program was centered on the theme "Join us on our path to success ... we are college and career bound." In addition, Surround Care had the opportunity to offer children a, "I'm Going to College" day at UCLA. The toured the campus and enjoyed watching a few track and field events. During the summer months, they had the opportunity to hear from guest speakers from various colleges and career backgrounds. They learned about different Universities and career paths through language arts, crafts, dramatic play, computer research and recreational activities. They enjoyed field trips to the Los Angeles Zoo, Mothers Beach and Seaside Lagoon.

The Monrovia sites continue to enjoy visits and stories read by the Librarian from the City of Monrovia Public Library.

This past school year, Surround Care brought back the Harvest of the Month curriculum. The children have enjoyed learning about healthy eating and life styles. Each month they tasted various fruits and vegetables, learned the nutritional values and enjoyed cooking experiences. The Piymouth site in Monrovia has established a vegetable garden that is flourishing with zucchini, squash, carrots, tomatoes, lettuce, etc. For Plymouth family night, they prepared some of the vegetables from their garden, created eiaborate props and performed a play for their families.

Character Counts continues to be part of the daily fabric of Surround Care, as teachers focus and prepare lessons on the Character Pillar of the month. This past year, the teachers took part in various trainings on Character Counts, Builying Prevention, Common Core Standards and Dramas.

STATE PRESCHOOL

Options – State Preschool offered one half day class at our Recreation Park location. This class offered a prekindergarten experience to families developed to meet the individual developmental needs of each child through the implementation of our High/Scope and Pre-K Literacy curricula. Lesson plans are developed based upon an assessment and daily observations conducted by staff. This assures that appropriate learning objectives are focused on in order to meet the needs of each child so that the skills necessary for kindergarten success are developed.

ADDENDUM B.

3. List special events and community resource people/presentations:

CHILD CARE FCCH NETWORK

Presentations and Child Development Trainings:

(Held in English, Spanish and Chinese)

- Supporting Young Bilinguals
- Emergency Preparedness/Child Friendly Spaces
- Modifying the Environment for Positive Behaviors & Before you Discipline: Building Positive Behaviors with Children.
- Loss, Trauma & Young Children
- Serving Children with Special Needs & their Families
- infant/Toddler Environment
- Motor Skills & Movement
- Math & Science Go Hand and Hand

Staff Development Trainings:

- California Preschool Learning Foundations Volume 1 Mathematics: Algebra and Functions (Classifications and Patterning)
- California Preschool Learning Foundation and California Preschool Curriculum Framework Volume 3 Overview
- Principles & Practices to Promote Language, Literacy and Learning by CPIN

Parent Invoivement Workshops (PAC):

- Reporting Health & Safety concerns and/or complaints
- Community Resources (Presenters from 211 Information, Children's Bureau Mental Health & Red Cross)
- How to Identify Learning Disabilities
- School Readiness

HEAD START

For children: Librarian visits, fire department and police educational visits, and dentist visits.

<u>For parents:</u> Various trainings on the following topics: Safety and Emergency preparation, Pedestrian Education, Daddy socials to promote male involvement, promoting fitness, importance of reading to children, kindergarten enrollment informational meeting, dental health, and school readiness goals.

CHILD DEVELOPMENT CENTERS

- Dental Screens: provided by dentists in the San Gabriel Valley.
- Kindergarten Transition: Activities such as visits from local Kindergarten after school programs.
- Bi-Monthly Parent Education Meetings: topics include: Curriculum, Child Development, Nutrition, and more.

SURROUND CARE

- Los Angeles Zoo
- Four day camping trip to Silverwood Lake, Hesperia
- Mother Beach (Long Beach)
- Seaside Lagoon (Redondo Beach)

RECUIREMENT: MONDAY TUESDAY WEDNESDAY THURSDAY	MONDAY Cheerios Cheerios Orange Wedges 1% Milk Toasted Cheese Green Salad Apple Wheat Bread 1% Milk	Minon Toast Apricot Milk Milk A Carrots A Carrots Conel Fruit	WEDNESDAY Oatmeal Pears 1% Milk (Wishredded cheese)	THURSDAY 1/2 Bagel w/ Margarine Cantaloupe 1% Milk	Crispy Rice/ Rice Krisples Banana Silces 1% Milk
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	1% Milk (1/2 cup)				

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Vegetable and/or Fruit Bean & Lentil Soup Cucumbers Shredded Lettuce & Cantaloupe cup Veg. and 1/4 cup Fruit Fuji Apple Cantaloupe Dioed Tomatoes Salad ad or all. 1/2 silce or 1/2 oz. Wheat Bread Rice Tostada 1% Milk (3/4 cup) 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT Cheese, egg or pearut butter) Cheese, egg or pearut butter) Cheese Cubes oz - or 1/2 serv 1 Theps. Allemate Yogurt 2 oz. & or allemate Yogurt 2 oz. Saltine Crackers Giraham Crackers Celeny & Carrot Sticks or Cereal: 1/2 silce or 1/2 oz. Saltine Crackers Giraham Crackers	3	i minay cardeo		marin a criscoo i column		
ad or alt. 1/2 sifce or 1/2 az. Wheat Bread Rice Cantaloupe Oranges ad or alt. 1/2 sifce or 1/2 az. Wheat Bread Rice Cantaloupe Oranges 1% Milk (3/4 cup) 1% Milk 1%	Vegetable and/or Fruit	Bean & Lentil Soup	Gucumbers	Shredded Lettuce &	Broccoli	Green Salad
ad or alt. 1/2 slice or 1/2 oz. Wheat Bread Rice Tostada 1% Milk (3/4 cup) 1% Milk 1%	1/4 cup Veg. and 1/4 cup Fruit	Fuji Apple	Cantaloupe	Diced Tomatoes Salad	Pineapple	& Silced Tomatoes
1% Milk (3/4 cup) 1% Milk 1% M	Bread or alt. 1/2 slice or 1/2 oz.	Wheat Bread	Rice	Tostada	Hawaiian Bread	Rice
1% Milk (3/4 cup) 1% Milk 1% M						
2 OF 4 COMPONENT chaese, egg or peanut butter) cz or 1/2 serv 1 Tisps. or alternate Yogurt 2 cz. stable or fruit/fulce 1/2 cup creati: 1/2 slice or 1/2 cz. Saltine Crackers Graham Crackers		1% MEK	1% MIK	1% Milk	% MIK	% MEK
Chease Cubes & Cucumbers & Ranch Fresh Pears Celery & Carrot Sticks Saltine Crackers Graham Crackers						
Cucumbers & Ranch Fresh Pears Celery & Carrot Sticks Saltine Crackers Graham Crackers	(Meat, cheese, egg or peanut butter)			Cheese Cubes		
Cucumbers & Ranch Frash Pears Celery & Carrot Sticks Saltine Crackers Graham Crackers	11/2 oz or 1/2 serv 1 Tbsps. or alternate Yogut: 2 oz.			•ಕ		
Saltine Crackers Graham Crackers	Versional Cont. 186 1 - 4 Pr		Total Design	Calcas 8 Count Effects	Contour Emah Cath	Ammile listen
Saltine Crackers Graham Crackers	vegetable of finishing 1/2 cap	Cucumbers & nerral		Celety & Carrot Cucks		Apple outce
	Bread or Cereal: 1/2 slice or 1/2 oz.	Saltine Crackers	Graham Crackers		Olub Grackers	Cinnamon Toast
1% Mik 1/2 cup	1% Milk 1/2 cup					
			245			

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MENU 3 REQUIREMENT: BREAKFAST Bread/or alternative					
REAKFAST Breador alternative	Revised: 08/24/11				5
Bread/or alternative	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Raisin Bran	1/2 Croissant	Hot Oatmeal	Wheat Toast	Special K
1/2 slice- 1/2 serv or 1/2 oz.				w/am	
Fruit/Juice/Vegetable 1/2 cup G	Green Apple Slices	Honeydew	Apricots	Cantaloupe	Banana Slices
1% Milk 3/4 cup	1% Milk	1% Milk	1% MIK	1% Milk	1% MIK
LUNCH				-	
eanut butter)	Tuna Salad Boat	Quesedillas	Sweet & Sour Chicken	Vegetarian Baked Beans	Turkey Egg Rolls
1 1/2 02 1 pg 3 105ps.	Manches	Cobboom four tornias			1
Vecelable and/or Fruit	Carrot Sticks	Calcolage Central Central	Sov Sauce Vectole Stir Frv	Carcumber	reas & Centres
1/4 cup Veg. and 1/4 cup Fruit	Oranges	Apples	Pears	& Sliced Tomatoes	Seasonal Fruit
				Pineapple	
Bread or alt. 1/2 slice or 1/2 oz.	Hot Dog Burs	Flour Tortillas	Chow Mein Noodles	Com Bread	Egg Rolls
1% Milk (3/4 cup)	1% Milk	1% Milk	1% MIR	. 1% Milk	1% MIIK
SNACK				_	
2 OF 4 COMPONENT					
(Meat, cheese, egg or peanut butter)					
1/2 oz - or 1/2 serv 1 lbsps.					
or alternate Yogur: 2 oz.			Strawberry Yogurt		
Vegetable or fruit/juice 1/2 cup	Pears	Peaches	Banana Silces	Orange Juice	
Bread or Cereal: 1/2 slice or 1/2 oz. 1	1/2 French Toast	Salfine Crackers		Vanilla Wafers	Graham Crackers
1% MIK 1/2 CUD					1%区域

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MENU 4 Paviect colorin Peacht Paviect colorin Peacht Paviect colorin Peacht P	## Fewleat 0024/11 ENT: MONDAY TUESDAY WEDNESDAY THURSDAY FINANSIAN FOR - 1/2 cz. Other	Options child care center rood Prog	rood Program				- d
MENU 4 Preview to to 2011 THURSDAY WEDNESDAY THURSDAY FREQUIREMENT: MONDAY TUBSDAY WEDNESDAY THURSDAY Breadfor allermative Cheerlos 178 Bagal Catnesal Heavelien Roll Breadfor allermative Cheerlos Wildesparke Sassonal Fruit Orange Wedges 1/8 Milk S44 cup 1% Milk 1% Milk 1% Milk 1% Milk 1/2 Milk 12 cup 1% Milk 1% Milk 1% Milk 1/2 Milk 12 cup 1% Milk 1% Milk 1% Milk 1/2 Milk 12 cup 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT Fighters Bears Applessure Carrol States 1 % Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT Fighters Bears 1% Milk 1% Milk 2 OF 4 COMPONENT Fighters 1% Milk 1% Milk 2 OF 5 Component Country Libraria 1% Milk 1% Milk 1% Milk 2 OF 6 Component Country Libraria 1% Milk 1% Milk 1% Milk 1% Milk	HEQUIREMENT: MONDAY TUESDAY WEDNESDAY THURSDAY FRAST Breadfor ellemetive Cheerlos (12 Bagel Octmos) 19 Breadfor ellemetive Cheerlos (12 Bagel Octmos) 19 Breadfor ellemetive Cheerlos (12 Bagel Octmos) 19 Milk 34 cup 15 cup Peaches Green Apples Seasonal Fruit Orange Wedges 19 Milk 34 cup 15 cup Peaches Green Bager 15 Milk 15 Milk 15 cup 15 Milk 15 cup Fruit Tometo Sibes Cheese Lasagns Turkey Sausage Meat Ballace 19 Milk 34 cup Fruit Tometo Sibes Cheese Lasagns Turkey Sausage Ballace 19 Milk 34 cup Fruit Tometo Sibes Cheese Lasagns Turkey Sausage Ballace 19 Milk 34 cup Fruit Tometo Sibes Cheese Lasagns Turkey Sausage Ballace 19 Milk 34 cup Fruit Tometo Sibes Cheese Lasagns Turkey Sausage Ballace 19 Milk 34 cup Fruit Tometo Sibes 10 Carages Ballace 10 Milk 34 cup Fruit Tometo Sibes 10 Carages 10 Milk 74 cup Fruit Tometo Sibes 10 Milk 74 cup Fruit Tometo Sibes 10 Carages 10 Milk 74 cup Fruit Tometo Sibes 10 Carages 10 Milk 74 cup Fruit Tometo Sibes 10 Milk 74 cup Fruit Tometo Sibes 10 Carages 10 Milk 74 cup Fruit Tometo Sibes 10 Carages 10 Milk 74 cup Fruit Tometo Sibes 10 A COMPONENT Tometo Sibes 10 Milk 74 cup Fruit Tometo Sibes 10 Carages 11 Milk 12 cup Barrana Chunkes Milk Fruit Phraapple Juloe Freats 11 Milk 12 cup Tometo Milk 12 cup 11 Milk 12 cup	CDC, CS, RS, SPS					N. C. C.
REGUIREMENT: MONDAY TUESDAY WEDNESDAY THIRBDAY (FAST Bread/or alternative Cheenice 1/2 Bagel Catmed Havefaller Four Cheenice Cheenice 1/2 Bagel Catmed Havefaller Four 1/2 Catmed Cheenice 1/2 Bagel Catmed Cheenice 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Catmed Cheese, agg or peanut butter) 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Catmed Cheese, agg or peanut butter) 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Catmed Cheese, agg or peanut butter) 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Cheese, agg or peanut butter) 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Cheese, agg or peanut butter) 1/2 Milk (3/4 cup) 1/2 Size Cheese Lasagna Cheese, agg or peanut butter) 1/2 Milk 1/2 cup Catmed Cheese, agg or peanut butter) 1/2 Milk 1/2 cup Cheese, till silve or till catmed Chunks Chunks Milk 1/2 cup Cheese till silve or till catmed Cheese	RECUIREMENT: MONDAY TUBSDAY WEDNIESDAY TRUPSDAY TRUPSDA	MENU 4	Revised: 08/24/11				500
Bread/or aliamative Cheerics 1/2 Bagel Oatmeal Hawaffan Roll ilice— 1/2 cor. 1% Milk 34 cup Peaches Garea Apples Sassonal Fruit Orange Wedges 1% Milk 34 cup 1% Milk 1/2 cup 1% Milk 1/2 cup 1% Milk 34 cup 1% Milk 1/2 cup 1% Milk 34 cup 1% Milk 12 cup	Breactor alternative Cheertos 1/2 Bagal Ostmeal Hawaiian Roll	REQUIREMENT:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
lice- 1/2 serv.— or - 1/2 oz. 1% Milk (3/4 cup) 2 OF 4 COMPONENT 2 OF 5 COMPONENT 2 OF 5 COMPONENT 2 OF 5 COMPONENT 3 Since or 1/2 oz. 1% Milk (3/4 cup) 2 OF 5 COMPONENT 3 Since or 1/2 oz. 1% Milk (3/4 cup) 2 OF 5 COMPONENT 3 Since or 1/2 oz. 4 Since or 1/2 oz. 4 Since or 1/2 oz. 5 Since or 1/2 oz. 6 Since or 1/2 oz. 7 Since oz. 1% Milk (3/4 cup) 1% Milk (3/2 cup) 1% Milk (3/2 cup) 1% Milk (1/2 cup) 1% Milk (1/2 cup) 1% Milk (1/2 cup) 1% Milk (1/2 cup)	uifkultoeNkegelable 1/2 cup Peaches Green Apples Seasonal Fruit Orange Wedges 1% Milk 34 cup 15 cup Peaches Green Apples Sassonal Fruit Orange Wedges 1% Milk 34 cup 15 cup Peaches Sitzed Turkey Roll-Ups Six Cheese Lasagna Turkey Sausage Meat Balis 1/2 coz. 1 p.c. 3 Tissps. Veg. Vegetable and/or Fruit Torrato Sitzes Oranges Banana Honeydew Sitzes 1/2 coz. 1 p.c. 3 Tissps. Veg. Vegetable and/or Fruit Torrato Sitzes Oranges Banana Honeydew Sitzes 1/2 coz. 1 p.c. 3 Tissps. Veg. Vegetable and/or Fruit Torrato Sitzes Oranges Banana Honeydew Sitzes 1/2 Milk (34 cup) 1/2 coz Four Torrillas Lasagna Pancakes Fitzes 1/2 Milk (34 cup) 1/2 coz Tocst & Jam Vanilia Welers Graham Crackers Cheese Oranges 1/2 Milk 1/2 cup	Bread/or alternative	Cheerlos	1/2 Bagel	Oatmeal	Hawaffan Roll	Crisry Rins/Rins Krieni
uit/UniceViegetable 1/2 cup Peaches Green Apples Seasonal Fruit Orange Waciges 1% Milk 34 cup 1% Milk 1% Milk 34 cup 1% Milk 1% Milk 1/2 cup 2 OF 4 COMPONENT 2 OF 4 COMPONENT 2 OF 4 COMPONENT 2 OF 4 COMPONENT 2 OF 5 COMPONENT 2 OF 5 COMPONENT 2 OF 5 COMPONENT 2 OF 5 COMPONENT 3 Shares 3 Shares 3 Shares 4 Shares 4 Shares 5 Shares 5 Shares 5 Shares 6 Shares 6 Shares 6 Shares 6 Shares 7 Shares 7 Shares 7 Shares 7 Shares 8 Shares 8 Shares 7 Shares 8 Shares 7 Shares 8 Shares 7 Shares 8 Shares 8 Shares 8 Shares 8 Shares 8 Shares 9 Shares 9 Shares 1% Milk (34 Cup) 1% Milk (1/2 cup)	1% Milk: 34 cup Peaches Green Apples Seasonal Fruit Orange Wedges 1% Milk: 34 cup 1% Milk 1% Milk: 42 cup 1% Milk: 42	1/2 slice- 1/2 serv or 1/2 oz.		w/Margarine			idom on the later
1% Milk 34 cup 1% Milk 1% Milk 34 cup 1% Milk 1% Milk 34 cup 1% Milk 12 cup 1% Milk 12 cup	1% Milk 1/2 cup 1% Milk 1/2 cu	Fruit/Juice/Vegetable 1/2 cup	Peaches	Green Apples	Seasonal Fruit	Orange Wedges	Banana Siloes
Cheese, egg or peanut butter) Silocd Turkey Roll-Ups Six Cheese Lasagna Turkey Sausage Meat Balls 1/2 cz. 1 pc 3 Tbsps. Veg, Vegetable Soup Vegetable and or Pruit Tomato Silose Green Beans Applesauce Carnot Sticks Cup Veg. and 1/4 cup Fruit Tomato Silose Green Beans Applesauce Carnot Sticks Beans Applesauce Carnot St	Cheese egg or peanut butter) Siked Turkey Roll-Ups Six Cheese Lasagna Turkey Sausege Meat Balis (12 cz 1 pc 3 Tasps. Veg Vegetable Soup (Beart Turkey) (Beart Turkey) (Beart States) (Carry Veg. and 1/4 cup Fruit Tomato Sites Onanges Banana Honeydew Sites Cap Veg. Tomato Sites Or all. 1/2 sites or 1/2 cz. Frour Tortillas Lasagna Pancakes Fites They Fruit Tisps. Talemate Yogurt 2 cz. or 1/2 sarv 1 Tasps. Affik Fruit Phreappie Julce Pears Or Cereal: 1/2 sites or 1/2 cz. Toest & Jam Vanilla Wafers Graham Crackers Cheese Gradkers or Cereal: 1/2 sites or 1/2 cz. Toest & Jam Vanilla Wafers Graham Crackers Cheese Gradkers or Cereal: 1/2 sites or 1/2 cz. Toest & Jam Vanilla Wafers Graham Crackers Cheese Gradkers or Cereal: 1/2 sites or 1/2 cz. Toest & Jam Vanilla Wafers Graham Crackers Cheese Gradkers	1% Milk 3/4 cup	1% MIIK	1% Milk	1% Milk	1% MIK	1% MIK
cup Vegetable and/or Fruit Vegetable and or Fruit Tomato Silces Tomato Silces	cup Vegetable and/or Fruit Vegetable and Vegetable Vegetable and Vegetable Vegetable and Vegetable Vegetable Vegetable and Vegetable Vegetable Vegetable and Vegetable Vegetabl	UNCH					
1/2 cz 1 pc 3 Tbsps. Veg Vegetable Soup (Bestin Strokes) Vegetable and/or Fruit Tornato Silces Green Beans Appleasuce Carrot Stickes cup Veg. and 1/4 cup Fruit Fuji Apples Silces Oranges Bahana Honaydew Silces ad or alt. 1/2 silce or 1/2 cz. Four Tortilias Lasagna Pancakes Honaydew Silces 1% Milk (3/4 cup) 1% Milk Twill 1% Milk 1/2 cup Pears Chunks Mik Fruit Phreapple Juice Pears or Cereal: 1/2 silce or 1/2 cz. Toest & Jam Vanilia Watlers Graham Creckers Cheese Crackers 1% Milk 1/2 cup	1/2 coz 1 pc 3 Tbsps. Veg Vegetable Soup (BeetTrurkey) Vegetable and/or Fruit Tornato Silces Green Beans Applesauce Carrot Sticks cup Veg and 1/4 cup Fruit Full Apples Silces Oranges Banana Honeydew Silces ad or alt. 1/2 silce or 1/2 coz. Flour Torfillas Lasagna Pancakes Honeydew Silces 1% Milk (3/4 cup) 1% Milk (1/2 serv 1 Tbsps.) 2 OF 4 COMPONENT cheese, egg or peanut butter) 2 OF 4 COMPONENT cheese, egg or peanut butter) 2 OF 4 COMPONENT cheese, egg or peanut butter) 2 OF 5 COMPONENT cheese, egg or peanut butter) 3 Oz or 1/2 serv 1 Tbsps. 5 OF 5 COMPONENT cheese, egg or peanut butter) 5 OF 6 COMPONENT cheese, egg or peanut butter) 6 OF 6 COMPONENT cheese, egg or peanut butter) 6 OF 7 COMPONENT cheese, egg or peanut butter) 7 OZ or 1/2 serv 1 Tbsps. 7 Milk Fruit Prints Walters 6 OF 6 COMPONENT Cheese Charlis Walters 7 OF 6 Cheese Charlens 7 OF 6 Cheese Cha	Meat, cheese, egg or peanut butter)	Sliced Turkey Roll-Ups	Six Cheese Lasagna	Turkey Sausage	Meat Balls	Chinken Salad
Vegetable and/or Fruit Tomato Silces Green Beans Applessauce Carrot Sticks ad or alt, 1/2 silce or 1/2 oz. Flour Tortillas Lassgna Pancakes Hice 1% Milk (3/4 cup) 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT Cheese, egg or peanut butter) 1% Milk 1% Milk 2 OF 4 COMPONENT Cheese, egg or peanut butter) 1% Milk 1% Milk 2 OF 4 COMPONENT Cheese, egg or peanut butter) 1% Milk 2 OF 4 COMPONENT Cheese, egg or peanut butter) 1% Milk 2 OF 4 COMPONENT Cheese, egg or peanut butter) 1% Milk 2 OF 4 COMPONENT Nik Fruit Pinsapple Juice Peans 2 OF 4 COMPONENT Nik Fruit Pinsapple Juice Peans 2 OF 4 COMPONENT Antifia Walers Ghaham Crackers Cheese Crackers	Vegetable and/or Fruit Tomato Silces Green Bears Applessure Carrot Sticks ad or alt. 1/2 silce or 1/2 oz. Flour Tortillas Lasagna Pancakes Flore 1% Milk (3/4 cup) 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 1% Milk 1% Milk 2 OF 5 OF 6 COMPONENT 1% Milk 1% Milk 2 OF 6 COMPONENT 1% Milk 1% Milk 3 OF 6 COMPONENT 1% Milk 1% Milk 4 COMPONENT 1% Milk 1% Milk 5 OF 6 COMPONENT 1% Milk 1% Milk 6 Component 1% Milk 1% Milk 6 Component 1% Milk 1% Milk 7 Milk 1% Milk 1% Milk 8 Milk	1 1/2 oz 1 pc 3 Tbsps.	Veg. Vegetable Soup			(Beet/Turkay)	
2 OF 4 COMPONENT Four Tortilias Lasagna Pancakes Filos 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk	2 OF 4 COMPONENT Full Apples Sifoss Oranges Banana Honeydew Sifoss 2 OF 4 COMPONENT 1% Milk (34 cup) 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk 2 OF 4 COMPONENT 1% Milk 1% Milk 2 OF 4 COMPONENT 1% Milk (34 cup) 1% Milk (34 cup) 2 OF 4 COMPONENT 1% Milk (34 cup) 1% Milk (34 cup) 2 OF 4 COMPONENT 1% Milk (34 cup) 1% Milk (34 cup) 2 OF 4 COMPONENT 1% Milk (20 cup) 1% Milk (20 cup) 2 OF 4 COMPONENT 1% Milk (20 cup) 1% Milk (20 cup) 2 OF 4 COMPONENT 1% Milk (20 cup) 1% Milk (20 cup) 2 OF 4 COMPONENT 1% Milk (12 cup) 1% Milk (12 cup) 3 OF 4 COMPONENT 1% Milk (12 cup) 1% Milk (12 cup) 4 Component (12 cup) 1% Milk (12 cup) 1% Milk (12 cup)	Vegetable and/or Fruit	Tomato Silces	Green Bears	Applesauce	Carrot Sitoks	Brassoff
ad or alt. 1/2 silce or 1/2 oz. 1% Milk (3/4 cup) 1% Milk (3/4 cup) 1% Milk (3/4 cup) 1% Milk 1/2 cup 2 OF 4 COMPONENT Cheese, egg or pearut butter) or 22— or 1/2 serv.— 1 Tbsps. or alternate Yoguri: 2 oz. letable or fruit/julce 1/2 cup 1% Milk 1/2 cup	ad or alt, 1/2 sifce or 1/2 oz. Flour Tortilias Lassagna Pancakes Flips 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 1% Milk 1% Milk 2 OF 4 COMPONENT 2 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 22 OF 4 COMPONENT 22 OF 4 COMPONENT 1% Milk 1% Milk 1% Milk 22 OF 4 COMPONENT 22 OF 4 COMPONENT 1% Milk 1/2 cup Pears 1% Milk 1/2 cup Pears 1 1% Milk 1/2 cup Vanilia Vanilia Valenter Chaese Gradkers Chaese Gradkers	1/4 cup Veg. and 1/4 cup Fruit	Fuji Apples Silces	Oranges	Banana	Honeydew Silbes	Peaches
1% Milk (3/4 cup) 1% Milk 1% M	1% Milk (3/4 cup) 1% Milk 1% M	Bread or alt. 1/2 slice or 1/2 oz.	Flour Tortillas	Lasagna	Pancakes	Hips	Wheat Bread
2 OF 4 COMPONENT cheese, egg or peanut butter) oz or 1/2 serv 1 Tbsps. or alternate Yogurt: 2 oz. retable or fruit/fuice 1/2 cup Barrana Chunks or Cereal: 1/2 slice or 1/2 oz. 1% Milk 1/2 cup 1% Milk 1/2 cup	2 OF 4 COMPONENT cheese, egg or peanut butter) oz or 1/2 serv 1 Tbsps. or alternate Yogurt: 2 oz. letable or fruit/juice 1/2 cup or Cereal: 1/2 silce or 1/2 oz. 1% Milk 1/2 cup 1% Milk 1/2 cup Cheese Crackers Oz or 1/2 serv 1 Tbsps. Mik Fruit Pineapple Juice Pears Or Cereal: 1/2 silce or 1/2 oz. Toast & Jam Vanilia Wafers Cheese Crackers	1% Milk (3/4 cup)	1% Milk	1% Milk	1% MIK	1% Milk	1% MIIK
Barrana Chunks Mix Fruit Pineappie Juice Pears Toast & Jam Vanilla Wafers Grackers Chasse Crackers	Barrana Chunks Mix Fruit Pineapple Julce Pears Toast & Jam Vanilla Walers Grackers Chaese Crackers	IACK					
Banana Chunks Mix Fruit Pineapple Juice Pears Toast & Jam Vanilla Wafers Grackers Cheese Crackers	Banana Chunks Mix Fruit Pineapple Juice Pears Toest & Jam Vanilla Wafers Grackers Cheese Crackers	2 OF 4 COMPONENT					
Banana Chunks Mix Fruit Pineapple Juice Pears Toast & Jam Vanilla Waters Grackers Cheese Crackers	Banana Chunks Mix Fruit Pinsappie Juice Pears Toast & Jam Vanilla Wafers Grackers Chasse Crackers	1/2 oz or 1/2 serv 1 Tbsps.					String Cheese
Banana Chunks Mix Fruit Pineapple Juice Pears Toast & Jam Vanilla Wafers Gradkers Chackers	Banana Chunks Mix Fruit Pineapple Juice Pears Toast & Jam Vanilla Waters Grackers Chasse Crackers	or alternate Yogurt: 2 oz.					
Toast & Jam Vanilia Wafers Graham Crackers	Toast & Jam Vanilla Wafers Graham Crackers	Vegetable or fruitfuice 1/2 cup	Banana Chunks	Mix Fruit	Pineapple Juice	Pears	Full Apples Silces
1% Milk 1/2 cup	1% Milk 1/2 cup	Bread or Cereal: 1/2 silce or 1/2 oz.	Toast & Jam	Vanilla Wafers	Graham Crackers	Cheese Crackers .	
		1% Milk 1/2 cup					

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REAKFAST BREAKFAST BREAKFAST 1/2 slice 1/2 serv or 1/2 oz. Fruit/Juice/Vegetable 1/2 cup Green Apple 1% Milk (3/4 cup) 1% Milk (3/4 cup) 1% Milk (3/4 cup)	Revised: 08/24/11 Com Flakes Green Apples Siloes 1% Milk Egg Salad	TUESDAY French Toast Orange Wedges 1% Milk	WEDNESDAY	THURSDAY Cinnamon Toast	
FAST Bread/or alternative dice- 1/2 serv or 1/2 oz. uit/Juloe/Vegetable 1/2 cup	NDAY Flakes pples Silves Milk	TUESDAY French Toast Orange Wedges 1% Milk	WEDNESDAY	THURSDAY Cingmon Toast	EBILAN
Bread/or alternative lice- 1/2 serv or - 1/2 oz. uit/Juloe/Vegetable 1/2 cup 1% Milk (3/4 cup)	Plakes pples Silves 6 Milk	French Toast Orange Wedges 1% Milk	Oatmeal	Cinnamon Toast	
lice- 1/2 serv or -1/2 oz. uit/Juice/Vegetable 1/2 cup 1% Milk (3/4 cup)	k Milk	Orange Wedges 1% Milk			Rice Chex
uit/Juice/Vegetable 1/2 cup 1% Milk (3/4 cup)	pples Silves 6 Milk 5 Milk	Orange Wedges 1% Milk			500
1% Milk (3/4 cup)	6 Milk 1 Salad	1% MIK	rear	Cantaloupe	Banana
NCH NCH	Salad		1% Milk	1% Milk	1% MIIK
	Salad				
egg or peanut butter)		Meat Balls	Chicken Nuccets	Vedetarian Baked Beans	Cheese Pizza
\square	Lentii & Veggie Soup	wigravy			
					Green Salad
	to Silces	Celeny & Carrot Sticks	Broccoli	Zuochini Siloes	& Sliced Tomatoes
1/4 cup Veg. and 1/4 cup Fruit Orange	Orange Wedges	Pears	Fuji Apple Siloes	Orange Wedges	Mix Fruit
Bread or alt. 1/2 slice or 1/2 oz. 1/2 Slice W	1/2 Slice Wheat Bread	Rice	1/2 Slice Wheat Bread	Com Bread	Pizza Crust
1% Milk (3/4 cup) 1%	1% Milk	1% MIIK	1% MIK	1% Mük	1% Milk
SNACK					
2 OF 4 COMPONENT					
(Meat, cheese, egg or peanut butter)					
11/2 oz or 1/2 serv 1 Tbsps.					
or alternate Yogurt: 2 oz.					
Vegetable or frutfylice 1/2 cup Grape Ju	e Juice	Green Apples Smiles	Banana	Pears	Honeydew
Bread or Cereal: 1/2 siloe or 1/2 oz. Club Cr	Club Crackers	Salline Orackers	Pretzeis	Grafiam Grackers	Hawallan Roll
1% Milk (1/2 cup)					
	-				

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				2	
MENU 6	Revised: 08/24/11				500
REQUIREMENT: BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread/or alternative	Raisin Bran	Wheat Bread	Hot Oatmeal	1/2 Oroissant	Snertial "K"
1/2 slice- 1/2 serv or - 1/2 oz.		& Scrambled Eggs			
Fruit/Juice/Vegetable 1/2 cup	Pear	Honeydew Smiles	Orange Wedges	Red Apple Silces	Banana Silces
1% Milk (3/4 cup)	1% MIK	1% Milk	1% Milk	1% Milk	1% Milk
LUNCH					
(Meat, cheese, egg or peanut butter)	Sliced Beef & Swiss	Cheese Enchilada	Diped Turkey	Make Your Own Burthol	Fleh Stinke
11/2 oz 1 pc 3 Tbsps.		(Com Tortiflas/Cheese/Seuce)	Wgravy	Vegetarian Bean & Cheese	
	Garden Vegetable Soup	Raw Veggies	Green Peas		Salad/Tomatoes
1/4 cup Veg. and 1/4 cup Fruit	Fuji Apples	Pineapple	Pears	Bananas	Orange Wedges
Bread or alt. 1/2 slice or 1/2 oz.	Pita Bread	(Com Tordila)	Rice	Flour Torillas	Roll
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% MIR	1% MIIK
SNACK		***************************************			
2 OF 4 COMPONENT					
leat, cheese, egg or peanut butter)		String Cheese			
1/2 oz or 1/2 serv 1 Tosps.					
or alternate Yogurt: 2 oz.					
Wordship or feeling and	A				
vegetable of italijuice 1/2 cup	Apple Juice	Pears	Apple Siloes	Cantaloupe	Pears
Bread or Cereal: 1/2 slice or 1/2 oz.	Graham Crackers		Cheese Crackers	Bread Sticks	Salline Grackers
1% Milk (1/2 cup)					

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