

**ATTACHMENT A  
OPTIONS**

**ANNUAL REPORT  
TO THE CITY OF MONROVIA  
ON OPTIONS HEAD START/SURROUND CARE/CHILD CARE FCCH/STATE PRESCHOOL  
FOR YEAR 2013 – 2014**

	<u>CDC</u>	<u>HS</u>	<u>SC</u>	<u>CC FCCH</u>	<u>SP</u>
<b>A. <u>Population Served</u></b>					
<b>1. <u>Overall Counts</u></b>					
a. Number of children who were enrolled during the school year.	42	44	33	61	13
b. Number of children who dropped out during the school year.	18	5	0	13	4
c. Number of children below federal poverty level:	8	44	5	61	8
d. Number of children who were handicapped:	0	3	0	0	0
e. Number of Families	42	44	24	31	13
<b>2. <u>Ethnic Breakdown of Children</u></b>					
Hispanic	28	41	27	20	6
Caucasian, non-Hispanic	2	0	4	15	4
Black	7	1	1	24	2
Asian/Pacific Islander	5	2	1	2	1
Other (American Indian)	0	0	0	0	0
Total	42	44	33	61	13
<b>3. <u>Primary Languages</u></b>					
English	37	15	28	61	12
Spanish	4	29	5	0	0
Cantonese, Mandarin, other Chinese	1	0	0	0	0
Vietnamese	0	0	0	0	0
Other	0	0	0	0	1
Total	42	44	33	61	13
<b>4. <u>Residence (at enrollment)</u></b>					
Monrovia	21	42	26	46	9
Arcadia	5	0	1	5	3
Duarte	6	2	1	0	1
Other	9	0	5	10	0
<b>5. <u>Ages of Children Served</u></b>					
	3-5	3-5	5-12	0-12	3-5

1.

CDC      HS      SC      CC FCCH      SP

**B. Parent Education**

1. Number of parents who have volunteered in classroom and received hands-on Parenting child development education:      0      21      N/A      N/A      13

2. Number of parents who attended Parent education workshops:      0      10      0      N/A      13

**C. Volunteer Time**

1. Total number of volunteers including Parents:      0      21      N/A      N/A      13

2. Total number of volunteer hours      0      660      N/A      N/A      351

**D. Medical Services**

1. Number of children who:

a. had physical exams	<u>42</u>	<u>45</u>	<u>N/A</u>	<u>N/A</u>	<u>13</u>
b. had dental exams	<u>16</u>	<u>39</u>			<u>N/A</u>
c. are up-to-date on immunizations	<u>41</u>	<u>45</u>			<u>13</u>
d. needed follow-up medical services	<u>N/A</u>	<u>7</u>			<u>N/A</u>
e. received follow-up medical services	<u>N/A</u>	<u>5</u>			<u>N/A</u>
f. needed follow-up dental services	<u>N/A</u>	<u>13</u>			<u>N/A</u>
g. received follow-up dental services	<u>N/A</u>	<u>9</u>			<u>N/A</u>

**E. Social Services**

1. Total number of families:      42      37      N/A      N/A      0

2. Number receiving social services directly from Options:      0      0      N/A      N/A      0

3. Number receiving social services Through referral to other public And private agencies:      0      33      0      0      0

**F. Meal Types Provided to Children This Year  
(Also attach a menu for one month)**

1. Breakfast	<u>YES</u>	<u>YES</u>	<u>YES</u>	<u>YES</u>	<u>NO</u>
Lunch	<u>Yes</u>	<u>YES</u>	<u>YES</u>	<u>YES</u>	<u>YES</u>
			(Bring own)		
Afternoon Snack	<u>YES</u>	<u>NO</u>	<u>YES</u>	<u>YES</u>	<u>NO</u>

2.

CDC

HS

SC

CC FCCH

SP

**G. Classroom Learning**

1. Brief description of learning objects/activities this year:

(See Addendum A)

2. List sample field trips this year:

NONE	Monrovia Rec Park	(See Addendum B	NONE	NONE
	Monrovia Library			
	Brad Oaks El School			
	Fire Dept.			
	Police			
	Monrovia Pumpkin Patch			

3. List special events and community resource people/presentations

(See Addendum B)

**H. Value of all Options services to Monrovia this year (July 1 to June 30):**

1. Child Development Center – Center Based classrooms	\$ <u>300,000</u>
2. State Preschool – Recreation Park	\$ <u>50,000</u>
3. Head Start – Center Based and Home Based	\$ <u>300,000</u>
4. Surround Care (to include):	\$ <u>116,000</u>
- Plymouth	
- Mayflower	
5. Family Child Care Food Program	\$ <u>21,000</u>
6. Child Care FCCH	\$ <u>225,000</u>
<b>Total</b>	\$ <u>1,012,000</u>

## **ADDENDUM A**

### **G. Classroom Learning**

#### **1. Brief description of learning objects/activities this year:**

##### **CHILD CARE FCCH Network**

Child Development and quality improvement information is disseminated via handouts, one-on-one and/or group discussions with the child care provider during home visits and/or trainings.

Family Child Care Environment Rating Scale Visits conducted:

- Technical assistance provided prior to FCCERS visit
- Follow-up with a Quality Improvement Plan or Goals & Objectives Plan
- Health & Safety visits
- Technical assistance for FCCHEN Curriculum

Materials and supplies furnished to family child care providers:

- Curriculum Books (English & Spanish)
- Curriculum calendars
- Celebrations Around the World Activity Box
- How Are You Feeling Display Center
- Hands on Science Supply Center
- Math Activity Boxes (How Much Does it Weigh?, How Much Does it Hold?, How Long is it?)
- Dramatic Play Dress Up Costumes

##### **HEAD START**

Head Start staff serving both our Home Based and Center Based programs (serving ages 3-5) have formed partnerships with our families and the community to promote exercising to decrease obesity, as well as, reading to children. The promotion of physical activity in both our home based and center based programs has encouraged families to go out and exercise. Our families are taking more walks, going to the parks more often, and many of our families have enrolled their children in sports leagues.

One of our school readiness goals is to encourage reading to children every day. Parents have been provided with tips on the importance of reading to children. They have also received hands-on activities on how to read to the children. We are also promoting to the parents the use of the library. Field trips to the library have been planned. Obtaining library cards for all our families is our goal. The Librarian from the Monrovia library has been very helpful in promoting our goal to encourage reading to children. She has been coming to read to the children in our center based program.

The community of Monrovia has been helpful in assisting us in providing additional learning opportunities for our children and their families. The police and fire departments have provided our children with good learning opportunities. We have also received various donations that have allowed us to provide additional healthy cooking activities for children and families. Our families have, through a generous donation, received educational games to play at home.

## **ADDENDUM A**

### **Continued**

#### **CHILD DEVELOPMENT CENTERS**

In our Monrovia classroom, we provide a quality full-day preschool program for 24 children Monday - Friday, twelve months of the year. Our classroom curriculums, High Scope and Options Pak Literacy Curriculum, are implemented throughout the daily routine preparing children and their families to enter kindergarten in the fall. Our daily lesson plans are created and customized around each child's individual needs as we support each child in all areas of development.

#### **SURROUND CARE**

Surround Care's summer focused on College readiness and careers. The summer program was centered on the theme "Join us on our path to success ... we are college and career bound." In addition, Surround Care had the opportunity to offer children a, "I'm Going to College" day at UCLA. They toured the campus and enjoyed watching a few track and field events. During the summer months, they had the opportunity to hear from guest speakers from various colleges and career backgrounds. They learned about different Universities and career paths through language arts, crafts, dramatic play, computer research and recreational activities. They enjoyed field trips to the Los Angeles Zoo, Mothers Beach and Seaside Lagoon.

The Monrovia sites continue to enjoy visits and stories read by the Librarian from the City of Monrovia Public Library.

This past school year, Surround Care brought back the Harvest of the Month curriculum. The children have enjoyed learning about healthy eating and life styles. Each month they tasted various fruits and vegetables, learned the nutritional values and enjoyed cooking experiences. The Plymouth site in Monrovia has established a vegetable garden that is flourishing with zucchini, squash, carrots, tomatoes, lettuce, etc. For Plymouth family night, they prepared some of the vegetables from their garden, created elaborate props and performed a play for their families.

Character Counts continues to be part of the daily fabric of Surround Care, as teachers focus and prepare lessons on the Character Pillar of the month. This past year, the teachers took part in various trainings on Character Counts, Bullying Prevention, Common Core Standards and Dramas.

#### **STATE PRESCHOOL**

Options – State Preschool offered one half day class at our Recreation Park location. This class offered a prekindergarten experience to families developed to meet the individual developmental needs of each child through the implementation of our High/Scope and Pre-K Literacy curricula. Lesson plans are developed based upon an assessment and daily observations conducted by staff. This assures that appropriate learning objectives are focused on in order to meet the needs of each child so that the skills necessary for kindergarten success are developed.

## **ADDENDUM B.**

### **3. List special events and community resource people/presentations:**

#### **CHILD CARE FCCH NETWORK**

##### **Presentations and Child Development Trainings:**

(Held in English, Spanish and Chinese)

- Supporting Young Bilinguals
- Emergency Preparedness/Child Friendly Spaces
- Modifying the Environment for Positive Behaviors & Before you Discipline: Building Positive Behaviors with Children.
- Loss, Trauma & Young Children
- Serving Children with Special Needs & their Families
- Infant/Toddler Environment
- Motor Skills & Movement
- Math & Science Go Hand and Hand

##### **Staff Development Trainings:**

- California Preschool Learning Foundations Volume 1 Mathematics: Algebra and Functions (*Classifications and Patterning*)
- California Preschool Learning Foundation and California Preschool Curriculum Framework Volume 3 Overview
- Principles & Practices to Promote Language, Literacy and Learning by CPIN

##### **Parent Involvement Workshops (PAC):**

- Reporting Health & Safety concerns and/or complaints
- Community Resources (Presenters from 211 Information, Children's Bureau Mental Health & Red Cross)
- How to Identify Learning Disabilities
- School Readiness

#### **HEAD START**

**For children:** Librarian visits, fire department and police educational visits, and dentist visits.

**For parents:** Various trainings on the following topics: Safety and Emergency preparation, Pedestrian Education, Daddy socials to promote male involvement, promoting fitness, importance of reading to children, kindergarten enrollment informational meeting, dental health, and school readiness goals.

#### **CHILD DEVELOPMENT CENTERS**

- Dental Screens: provided by dentists in the San Gabriel Valley.
- Kindergarten Transition: Activities such as visits from local Kindergarten after school programs.
- Bi-Monthly Parent Education Meetings: topics include: Curriculum, Child Development, Nutrition, and more.

#### **SURROUND CARE**

- Los Angeles Zoo
- Four day camping trip to Silverwood Lake, Hesperia
- Mother Beach (Long Beach)
- Seaside Lagoon (Redondo Beach)



# Options Child Care Center Food Program

CDC, CS, HS, SPS

## MENU 1

Revised: 08/24/11



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>					
Requirement:					
Bread/for alternative	Cheerios	Cinnamon Toast	Oatmeal	1/2 Bagel w/ Margarine	Crispy Rice/ Rice Krispies
1/2 slice-- 1/2 serv.-- or -- 1/2 oz.					
Fruit/Juice/Vegetable 1/2 cup	Orange Wedges	Apricot	Pears	Canialoupe	Banana Slices
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>LUNCH</b>					
OTHER	Chicken Noodle Soup				
(Meat, cheese, egg or peanut butter )	Toasted Cheese	Sloppy Joe's	Chicken Soft Tacos (w/shredded cheese)	Sweet & Sour Meatballs	Vegetarian Baked Beans
1 1/2 oz.-- 1 pc.-- 3 Tbsps.					
Vegetable and/or Fruit	Green Salad	Peas & Carrots	Lettuce & Tomatoes	Cucumber & Tomatoes	Celery Sticks
1/4 cup Veg. and 1/4 cup Fruit	Apple	Seasonal Fruit	Honeydew	Banana	Oranges
Bread or alt. 1/2 slice or 1/2 oz.	Wheat Bread	Wheat Buns	Corn Tortillas	Rice	Corn Bread
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>SNACK</b>					
2 OF 4 COMPONENT					
(Meat, cheese, egg or peanut butter )					
1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps. or alternate Yogurt: 2 oz.					
Vegetable or fruit/juice 1/2 cup	Grape Juice	Pears	Fuji Apples	Orange Juice	Freaky Friday Fruit Cup (fresh mixed fruit)
Bread or Cereal: 1/2 slice or 1/2 oz.	Pretzel	Roll	Cheese Crackers	Graham Crackers	Ritz
1% Milk (1/2 cup)					

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**Options Child Care Center Food Program**

**CDC, CS, HS, SPS**

**MENU 2**

Revised: 08/24/11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>REQUIREMENT:</b>					
<b>BREAKFAST</b>					
Bread/or alternative 1/2 slice-- 1/2 serv.-- or -- 1/2 oz.	Corn Flakes	Waffles	Hot Oatmeal	1/2 Bagel w/jam	Rice Chex
Fruit/Juice/Vegetable 1/2 cup	Oranges	Cinnamon Applesauce	Banana	Cantaloupe	Banana Slices
1% Milk 3/4 cup	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>LUNCH</b>					
(Meat, cheese, egg or peanut butter ) 1 1/2 oz. - 1 pc. - 3 Tbsps.	Swiss Cheese & Turkey Slices	Fish Sticks	Children Make Their Own Bean & Cheese Tostada	Diced Chicken w/Gravy	BBQ Beef
Vegetable and/or Fruit 1/4 cup Veg. and 1/4 cup Fruit	Bean & Lentil Soup Fuji Apple	Cucumbers Cantaloupe	Shredded Lettuce & Diced Tomatoes Salad Oranges Tostada	Broccoli Pineapple Hawaiian Bread	Green Salad & Sliced Tomatoes Apricot Fries
Bread or ail. 1/2 slice or 1/2 oz.	Wheat Bread	Rice			
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>SNACK</b>					
2 OF 4 COMPONENT					
(Meat, cheese, egg or peanut butter ) 1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps. or alternate Yogurt: 2 oz.		Cheese Cubes			
Vegetable or fruit/juice 1/2 cup	Cucumbers & Ranch	Fresh Pears	Celery & Carrot Sticks	Seasonal Fresh Fruit	Apple Juice
Bread or Cereal: 1/2 slice or 1/2 oz.	Saltine Crackers	Graham Crackers		Club Crackers	Cinnamon Toast
1% Milk 1/2 cup					

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# Options Child Care Center Food Program

CDC, CS, HS, SPS

## MENU 3

Revised: 08/24/11



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>REQUIREMENT:</b>					
<b>BREAKFAST</b>					
Bread/or alternative	Raisin Bran	1/2 Croissant	Hot Oatmeal	Wheat Toast w/fam	Special "K"
1/2 slice-- 1/2 serv.-- or -- 1/2 oz.					
Fruit/Juice/Vegetable 1/2 cup	Green Apple Slices	Honeydew	Apricots	Cantaloupe	Banana Slices
1% Milk 3/4 cup	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>LUNCH</b>					
(Meat, cheese, egg or peanut butter )	Tuna Salad Boat	Quesadillas (cheese & flour tortillas)	Sweet & Sour Chicken	Vegetarian Baked Beans	Turkey Egg Rolls
1 1/2 oz.-- 1 pc.-- 3 Tbsps.					
Vegetable and/or Fruit	Minestrone	Cabbage/Carrot Salad	Soy Sauce Veggie Stir Fry	Cucumber & Sliced Tomatoes	Peas & Carrots
1/4 cup Veg. and 1/4 cup Fruit	Carrot Sticks	Apples	Pears	Pineapple	Seasonal Fruit
	Oranges				
Bread or alt. 1/2 slice or 1/2 oz.	Hot Dog Buns	Flour Tortillas	Chow Mein Noodles	Corn Bread	Egg Rolls
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>SNACK</b>					
2 OF 4 COMPONENT					
(Meat, cheese, egg or peanut butter )					
1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps.					
or alternate Yogurt: 2 oz.			Strawberry Yogurt		
Vegetable or fruit/juice 1/2 cup	Pears	Peaches	Banana Slices	Orange Juice	
Bread or Cereal: 1/2 slice or 1/2 oz.	1/2 French Toast	Saltine Crackers		Vanilla Wafers	Graham Crackers
1% Milk 1/2 cup					1% Milk

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### Options Child Care Center Food Program

CDC, CS, HS, SPS

**MENU 4**

Revised: 08/24/11



**REQUIREMENT:**

**BREAKFAST**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread/or alternative 1/2 slice-- 1/2 serv.-- or -- 1/2 oz.	Cheerios	1/2 Bagel w/Margarine	Oatmeal	Hawaiian Roll	Crispy Rice/Rice Krispies
Fruit/Juice/Vegetable 1/2 cup	Peaches	Green Apples	Seasonal Fruit	Orange Wedges	Banana Slices
1% Milk 3/4 cup	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk

**LUNCH**

(Meat, cheese, egg or peanut butter ) 1 1/2 oz.-- 1 pc.-- 3 Tbsps.	Sliced Turkey Roll-Ups Veg. Vegetable Soup	Six Cheese Lasagna	Turkey Sausage	Meat Balls (Beef/Turkey)	Chicken Salad
Vegetable and/or Fruit 1/4 cup Veg. and 1/4 cup Fruit	Tomato Slices Fuji Apples Slices	Green Beans Oranges	Applesauce Banana	Carrot Sticks Honeydew Slices	Broccoli Peaches
Bread or alt. 1/2 slice or 1/2 oz.	Flour Tortillas	Lasagna	Pancakes	Pine	Wheat Bread
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk

**SNACK**

2 OF 4 COMPONENT (Meat, cheese, egg or peanut butter ) 1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps. or alternate Yogurt: 2 oz.					String Cheese
Vegetable or fruit/juice 1/2 cup	Banana Chunks	Mix Fruit	Pineapple Juice	Pears	Fuji Apples Slices
Bread or Cereal: 1/2 slice or 1/2 oz.	Toast & Jam	Vanilla Wafers	Graham Crackers	Cheese Crackers	
1% Milk 1/2 cup					

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Options Child Care Center Food Program		Nutrition Pays		
CDC, CS, HS, SPS				
MENU 5	Revised: 09/24/11			
REQUIREMENT:	MONDAY	TUESDAY	WEDNESDAY	
BREAKFAST			THURSDAY	
			FRIDAY	
Bread/for alternative	Corn Flakes	French Toast	Oatmeal	Cinnamon Toast
1/2 slice-- 1/2 serv.-- or -- 1/2 oz.				
Fruit/Juice/Vegetable	Green Apples Slices	Orange Wedges	Pear	Cantaloupe
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk
LUNCH				
(Meat, cheese, egg or peanut butter)	Egg Salad	Meat Balls	Chicken Nuggets	Vegetarian Baked Beans
1 1/2 oz.-- 1 pc.-- 3 Tbsps.	Lentil & Veggie Soup	w/gravy		
Vegetable and/or Fruit	Tomato Slices	Celery & Carrot Sticks	Broccoli	Green Salad
1/4 cup Veg. and 1/4 cup Fruit	Orange Wedges	Pears	Fuji Apple Slices	& Sliced Tomatoes
				Mix Fruit
Bread or alt. 1/2 slice or 1/2 oz.	1/2 Slice Wheat Bread	Rice	1/2 Slice Wheat Bread	Corn Bread
1% Milk (3/4 cup)	1% Milk	1% Milk	1% Milk	1% Milk
SNACK				
2 OF 4 COMPONENT				
(Meat, cheese, egg or peanut butter)				
1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps.				
or alternate Yogurt: 2 oz.				
Vegetable or fruit/juice 1/2 cup	Grape Juice	Green Apples Slices	Banana	Pears
Bread or Cereal: 1/2 slice or 1/2 oz.	Club Crackers	Saltine Crackers	Pretzels	Graham Crackers
1% Milk (1/2 cup)				

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# Options Child Care Center Food Program

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MENU 6

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## REQUIREMENT:

Bread/or alternative  
1/2 slice-- 1/2 serv.-- or -- 1/2 oz.  
Fruit/Juice/Vegetable 1/2 cup  
1% Milk (3/4 cup)

## MONDAY

Raisin Bran  
Pear  
1% Milk

## TUESDAY

Wheat Bread  
& Scrambled Eggs  
Honeydew Smitles  
1% Milk

## WEDNESDAY

Hot Oatmeal  
Orange Wedges  
1% Milk

## THURSDAY

1/2 Croissant  
Red Apple Slices  
1% Milk

## FRIDAY

Special "K"  
Banana Slices  
1% Milk

## LUNCH

(Meat, cheese, egg or peanut butter )  
1 1/2 oz.-- 1 pc.-- 3 Tbsps.  
Vegetable and/or Fruit  
1/4 cup Veg. and 1/4 cup Fruit  
Bread or alt. 1/2 slice or 1/2 oz.  
1% Milk (3/4 cup)

Sliced Beef & Swiss  
(Corn Tortilla/Cheese/Sauce)  
Garden Vegetable Soup  
Fuji Apples  
Pita Bread  
1% Milk

Cheese Enchilada  
Raw Veggies  
Pineapple  
(Corn Tortilla)

Diced Turkey  
w/gravy  
Green Peas  
Pears  
Ribe

Make Your Own Burrito  
Vegetarian Bean & Cheese  
Broccoli  
Bananas  
Flour Tortillas  
1% Milk

Fish Sticks  
Salad/Tomatoes  
Orange Wedges  
Roll  
1% Milk

## SNACK

2 OF 4 COMPONENT  
(Meat, cheese, egg or peanut butter )  
1 1/2 oz.-- or 1/2 serv.-- 1 Tbsps.  
or alternate Yogurt: 2 oz.

Vegetable or fruit/juice 1/2 cup  
Bread or Cereal: 1/2 slice or 1/2 oz.  
1% Milk (1/2 cup)

String Cheese  
Pears  
Apple Juice  
Graham Crackers

Apple Slices  
Cheese Crackers

Cartoupe  
Bread Sticks

Pears  
Saline Crackers

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